



Montgomery Farmers' Market

August 20th, 2016

### A Note To Our Customers:

We love your enthusiasm and willingness to wake up extra early to purchase from our vendors! That being said, please remember to be respectful of every vendors' schedule, and limit purchases to 9:00 am at the earliest! We are open and operational until 12:30 pm, which should give everyone ample time to get their shopping done. The Montgomery Farmer's Market appreciates cooperation with this!

We can't wait to see you this Saturday!

Marian, Brian, Kim, Russ, Andy and Stuart  
Montgomery Farmers' Market Board

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Montgomery Farmers' Market  
Montgomery Elementary  
School  
Montgomery, Ohio 45242

Montgomery Farmers' Market  
Board

### *Featured Vendor - Baudry Cream Puffs*

The reviews speak for themselves. Plus, just look at the picture. YUMMY!

*"OH MY GOODNES ARE YOU MISSING THE BEST PASTRY I'VE EVER HAD AND I HAVE BEEN ALL OVER THE GLOBE! From Frankfurt Germany to Pakistan, from Paris to the Philippines, from South America to some of the best chocolate croissants in Montreal, and yet these are better!!"*

*"The chocolate éclair was for real the most perfect pastry I have ever eaten. The filling tasted like fresh, delicious chocolate milk."*

*"Purchased some of your shortbread cookies. OH MY YUMMY!!! They are the ABSOLUTE BEST shortbread cookie I have ever had!!!"*



### *Kids: Come hunt for peas!*

Parents, wish you had something a little extra to keep the kids entertained while you sip your coffee, chat with a farmer, or sit and enjoy the live music? Let me re-introduce our three peas - Penelope, Piper, and Pru! These silly stuffed peas hide in the market every week. When your child has found all three peas, visit the Market Manager's booth, report where you found them, and reap your reward of a Farmers' Buck! (Make sure the peas stay hidden for other kids to find!)



### *Recipe of the Week*

#### **Basic Short Crust Pastry**

Courtesy NY Times cooking

## INGREDIENTS:

- 145 grams all-purpose flour (about 1 cup)
- ½ teaspoon kosher salt
- 1 stick cold unsalted butter (1/4 pound), cut in 1/8-inch pieces
- 3 tablespoons ice water

## PREPARATION

1. Put flour and salt in the bowl of a stand mixer or food processor. Add butter and quickly cut it into flour until mixture resembles coarse meal.
2. Add ice water and mix briefly, about 30 seconds, to form a soft dough. Remove dough, shape into a thick disk, wrap in plastic and refrigerate for at least 2 hours or overnight. Bring to cool room temperature before rolling.
3. To roll, lightly flour dough and counter. Roll out gradually, periodically letting dough rest for a moment before continuing. This makes rolling easier and will keep dough from shrinking back during baking.
4. Roll dough to a thin round approximately 13 inches in diameter, then trim to make a 12-inch circle (refrigerate and save trimmings for patching). Lay dough loosely into a 9 1/2-inch fluted tart pan with removable bottom, letting it relax a bit. Fold overlap back inside to make a double thickness, then press firmly against the pan so the finished edge is slightly higher than the pan. Refrigerate or freeze for an hour before pre-baking.

## *Vendor Market Offerings*

Every week the market will feature many of our regular vendors along with a rotating food truck and musician.

### **Our 2016 Vendors**

Angie's Malaysian Satay & Sauces -

SATAY SPICE MIX & PEANUT SAUCE - Mild & Spicy

CABBAGE KIMCHI- ORIGINAL, VEGAN & WHITE, CUCUMBER KIMCHI - ORIGINAL (limited)

CHILLED GOLDEN GAZPACHO SOUP-local cantaloupe & yellow tomatoes & cucumber

CHILLED ROASTED GARLIC GAZPACHO SOUP with Local tomatoes & cucumber, red bell peppers

COCONUT CARROT CHICK PEA SOUP

CONFETTI RED CABBAGE WALNUT MANDARIN ORANGE SALAD Orange Balsamic Vinaigrette

BLACK EYE PEA CHERRY TOMATOES SALAD local cherry tomatoes Chili Lime Vinaigrette

Argos Pet Supplies - Dog and cat food; Away from market this week (Aug 20)

Baudry Cream Puffs - shortbread cookies, cream puffs, eclairs, croissants

[Bethel Lane Farms](#) - seasonal vegetables, spiced blends, and lavender; Our slicing tomatoes are in season as well as customer favorites such as okra, candy onions, and green beans. Fresh herbs and mints can be ordered each week, and our salt free spice blends and mixes feature no additives, no fillers, and no preservatives.

Bethel Ln Farms is a member of Ohio Proud and accepts USDA Farmer Market Nutrition Program (FMNP) coupons, OHIO WIC, EBT SNAP, and major credit cards

[Boba Cha](#) - bubble tea

[Boone Creek Creamery](#) - We're bringing out our Gruyere to market, along with Butterkase and Caerphilly in addition to our other market cheeses.

[Cucina Della Patrizia](#) - authentic handmade Italian specialties

[Deeper Roots Coffee](#) - coffee

[Finn Meadows Farm](#) - veggies, berries, flowers, herbs, meat; A cherry tomato bonanza this week!!

[Frieda's Desserts](#) - assortment of breads, scones, croissants, pretzels; sourdough rye crusted with sesame, poppy seeds and seasoning; NEW rustic pecan and raisin bread, with a crunchy crust and soft, mildly sweet center

Front Porch Jams (1st and 3rd Saturdays) - jams and jellies

Good Guy's Gardens - mustard green sprouts are here to top your salads, steaks, fish and favorite veggie dishes!

Grandola Granola - granola

J&M Alpaca (Sept & Oct) - alpaca wool; socks, scarfs, wool yarn

Jessie's Garden - colorful cherry tomatoes, okra, summer squash, and fresh herbs - mint (orange, mojito, and spearmint) as well as ground cherries!

Kartal's Honey - honey, pollen, beeswax candles; honeycomb on request

[Mt Kofinas Olive Oil](#) - selection of olive oils

[Olde Garden Shack](#) - Sweet corn, green beans, and melons!!

[Owl Creek Bison](#) - bison meat, garlic, cukes, chard, eggs, chicken; garlic scapes

Pies and Other Pleasures - Cinnamon rolls, quick breads; Summertime fruits for the Hearty Pies! Blueberry muffin and chocolate peanut-butter whoopie pies

[Pine Lane Soaps](#) - soap, shaving suds, lip balm, lotion, syrup; Open House/Farm

Visit! Sunday, September 11th. Come visit our family farm and see our goats, cows and chickens! Family friendly event so all are welcome. Maybe a hayride if the weather is nice too! 5057 State Route 133, Batavia, Ohio 45103 Call 513-260-4352 with questions

[Rice Family Harvest](#) - Blueberries, tomatoes, cherry tomatoes, squash, cucumbers, spinach, sweet onions.

Salatin's Orchard - mid August brings Jersey Mac and Early Blaze apple varieties! Both are excellent for eating and work well in pies, sauces and other baked recipes

Street Pops (May 21, Jun 11, July 9, July 23, July 30) - Popsicles

[Summuh Hummus](#) - variety of hummus flavors

[TS Farms](#) - eggs, meats, jam, syrup

[Wittmeyer White Oak Valley Farm](#) - veggies, summer squash pizza crusts, bread; sugar snap peas

**MUSICIAN OF THE WEEK: TBD**

**BUSINESS BOOTH OF THE WEEK: Ten Thousand Villages**



Friendly reminder: The Montgomery Farmers' Market Board to take this opportunity to remind our dog-loving friends of their responsibility to keep dogs on a leash and maintain control of them at all times while visiting the Market. More than anything, we want to be sure that all of our visitors (2 and 4 legged!) and vendors have a safe and enjoyable time at the Market. We appreciate your cooperation and support. To share any questions or comments about the Market with the board, please email [montfarmersmkt@gmail.com](mailto:montfarmersmkt@gmail.com).