



Montgomery Farmers' Market

May 21, 2016

Hello Montgomery Farmers' Market Friends,

The weather wasn't all that kind to us last Saturday and may not be so kind this Saturday either. However, the market operates RAIN or SHINE and our vendors would greatly appreciate your patronage. So bring an umbrella and you'll receive a warm, welcoming smile from our market staff and vendors. PLUS, there should be limited quantities of strawberries at the market this week, so COME EARLY or miss out!

See you Saturday!

Montgomery Farmers' Market Board

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Montgomery Farmers' Market  
Montgomery Elementary School  
Montgomery, Ohio 45242

Montgomery Farmers' Market Board

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### *Featured Vendor - Mt. Kofina's Olive Oil*

Since 1937, our family produces extra virgin first cold pressed olive oil from small groves in our village in Crete, Greece. In 2008, we established Mt Kofinas Olive Oil importing our estate produced extra virgin olive oil from the region of Messara Valley - famous for its superior quality of olive oil - where our village is located. Apart from our premium quality extra virgin olive oil, we also do many flavor infusions in our facility in Cincinnati using our extra virgin olive oil as basis of infusion. For

the infusions we use ONLY natural ingredients. Since 2008, we have worked hard to build our brand and client base in the Tri-State region. Recently, we have expanded our product line with premium quality vinegar, spices and other gourmet products from Greece. Our mission is to bring to our valuable customers food products distinguished for their excellent flavors and health benefits in affordable prices.

You can also find us at:

Findlay Market (main store)

8210 Market Place Ln, Montgomery (production facility: call ahead for appointment)

Celebrate Local, Liberty Center

Local Yokel, Evendale

For other locations and great recipes visit our Facebook Page Mt Kofinas

Olive Oil and Vinegar



### *Kids: Come hunt for peas!*

Parents, wish you had something a little extra to keep the kids entertained while you sip your coffee, chat with a farmer, or sit and enjoy the live music? Let me re-introduce our three peas - Penelope, Piper, and Pru! These silly stuffed peas hide in the market every week. When your child has found all three peas, visit the Market Manager's booth, report where you found them, and reap your reward of a Farmers' Buck! (Make sure the peas stay hidden for other kids to find!)



### *Recipe of the Week*

#### **ROASTED ASPARAGUS**

Ingredients:

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- 2 pounds thick asparagus, woody ends snapped off
- 2 teaspoons extra virgin olive oil
- Salt
- Freshly ground pepper
- 1 teaspoon fresh thyme leaves (optional)
- Fresh lemon juice (optional)

## PREPARATION

1. Preheat the oven to 400 degrees. Oil a baking sheet or a baking dish large enough to hold the asparagus in one layer. Place the asparagus in the dish, and toss with the olive oil, salt and pepper. Place in the oven and roast for 10 to 15 minutes, until the stalks begin to shrivel and color lightly.
2. Remove from the heat, toss with the thyme and season with lemon juice if desired.

## *Vendor Market Offerings (This week's highlights in bold)*

Every week the market will feature many of our regular vendors along with a rotating food truck and musician.

### Our 2016 Vendors

Angie's Malaysian Satay & Sauces - spices, sauce, noodles, kimchi  
Argos Pet Supplies - Dog and cat food  
Baudry Cream Puffs - shortbread cookies, cream puffs, eclairs, croissants  
Bethel Lane Farms - veggies, flowers, soup mixes  
Boba Cha - bubble tea  
Boone Creek Creamery - Artisan cheeses, cutting boards  
Deeper Roots Coffee - coffee  
Finn Meadows Farm - veggies, berries, flowers, herbs, meat  
Frieda's Desserts - **NEW Rye bread with fennel seeds**; bread, scones, croissants, pretzels  
Front Porch Jams (1st and 3rd Saturdays) - jams and jellies  
Good Guy's Gardens - microgreens  
Grandola Granola - granola  
J&M Alpaca (Sept & Oct) - alpaca wool socks, scarfs, wool yarn  
Jessie's Garden - produce  
Kartal's Honey - honey, pollen, beeswax candles  
Montgomery Elementary School (May 7, 14, 21) - lettuce, **NEW Lemon balm and oregano**  
Mt Kofinas Olive Oil - selection of olive oils; **NEW May 21st SPECIAL \$1 off for any size bottle of orange clove olive oil**  
Olde Garden Shack - flowers, veggies, melons, corn, hanging baskets  
Owl Creek Bison - bison meat, garlic, cukes, chard, fruit, eggs, chicken  
Pies and Other Pleasures - pies, cinnamon rolls, quick breads; **NEW through July 4th Strawberry rhubarb pie**  
Pine Lane Soaps - soap, shaving suds, lip balm, lotion, syrup

The Lane Soap - soap, shaving soaps, lip balm, lotion, syrup  
**Rice Family Harvest** - plants, fruits, berries, cider, fruit butter; **NEW**  
**cherry tomatoes, snap peas, asparagus**  
Salatin's Orchard - fruit, veggies, herbs, cider; **NEW lemongrass,**  
**watermelon radish, snow peas**  
Street Pops (May 21, Jun 11, July 9, July 23, July 30) - Popsicles  
Summuh Hummus - variety of hummus flavors  
TS Farms - eggs, meats, jam, syrup  
Whittmeyer White Oak Farm - veggies, pizza crusts, salsa, mustard,  
bread

Food Truck of the week: Street Pops

Musician of the week: Peas in a Pod

Business Booth of the Week: Reis Insurance



Friendly reminder: The Montgomery Farmers' Market Board to take this opportunity to remind our dog-loving friends of their responsibility to keep dogs on a leash and maintain control of them at all times while visiting the Market. More than anything, we want to be sure that all of our visitors (2 and 4 legged!) and vendors have a safe and enjoyable time at the Market. We appreciate your cooperation and support. To share any questions or comments about the Market with the board, please email [montfarmersmkt@gmail.com](mailto:montfarmersmkt@gmail.com).