



Montgomery Farmers' Market      May 27, 2017

## *Surprises*

Montgomery Farmers' Market  
Montgomery Elementary  
School  
9609 Montgomery Rd.  
Montgomery, Ohio 45242

We're at that time of Spring when surprises start showing up at the Market.

Last week, there was beautiful rhubarb at one booth. Is the broccoli ready this week? Cherry tomatoes? Will asparagus and sugar snap peas return for another week? Is it time for garlic scapes?



Many market growers are using "hoop houses" and "high tunnels" so they can grow warm weather crops before it's warm, and bring summer veggies to market early. When will the first tomatoes show up? Zucchini?



We do know there will be local strawberries again this week. The spring salad greens are tender and delicious. And it's not too late to buy a few more veggie and herb plants for a sunny spot in your garden.

For your Memorial Day cookout (weather permitting), you can find pies, cream puffs, eclairs, cookies and donuts for dessert.

We hope to see you at the Market.

The Montgomery Farmers' Market Board

Kim, Stuart, Susan, Ted, Wanda, & Larry

## *Our vendors--some old, some new*

Bethel Lane Farm is the passion of Deborah and Eric Beard. Both have training and careers in other professions, but they love to work the land on their farm in Wilmington.



Along with heirloom tomatoes, peppers and cucumbers, you will find their signature produce--okra, black beans, black-eyed peas, Swiss chard, collards, kale, & mustard greens. Deborah can help you with a recipe, or if you like, you can buy her Bethel Lane Farm Cookbook. They also offer fresh and dried herbs, and spice blends and mixes. And this year, they're selling the market baskets that were offered last year by our friend, Franciska.

Frederic Baudry is not exactly a new vendor, but we welcome him back for his second season. Frederic is a talented baker, trained in France, who brings to the Market fantastic cream puffs and eclairs, in several flavors, but each one gorgeous and delicious. He also bakes one-of-a-kind shortbread cookies in several flavors. Nobody else in the area makes cream puffs for farmers' markets, so we're glad to bring Frederic back to MFM.

## *Do you know what a CSA is?*

Many of our growers will offer you a "share" of what they raise every week. It's called Community Supported Agriculture. You pay them in advance, so they have the money to buy seed, fix the tractor, and handle the many expenses of farming. In exchange, you get a share of whatever they raise. For some, it's veggies; for



others, it's meat. Some deliver, some offer convenient pickup locations. If you're interested, stop by your favorite vendors and ask about CSAs.

## *Kids: Come hunt for peas!*

Here's how it works. Each week, we hide the three peas in booths around the Market. When your child has found all three peas, visit the Market Manager's booth, report where you found them, and she will reward your child with a Farmers Buck to spend at the Market! (Make sure the peas stay hidden for other kids to find!)

## *What We're Eating*

### **Our 2017 Vendors:**

**Angie's Malaysian Satay & Sauces** - spices, sauce, noodles, kimchi

**Argos Pet Supplies** - Dog and cat food, pet treats

**Baudry The Cream Puff Revolution** - cream puffs, eclairs, shortbread cookies, croissants

**Bethel Lane Farms** - spring greens, spice mixes, baskets, lavender sachets

**Crackling Crust** - artisan sourdough breads, baguettes, pastries, croissants, muffins (begins in June)

**Cucina Della Patrizia** - homemade Italian specialties, including homemade pasta, ravioli, sauces, focaccia, olives, and more

**Deeper Roots Coffee** - a variety of locally-roasted coffee beans, including a blend called Bloom, with hints of orange, chocolate and floral notes

**Fatty & Skinny Brand Sauces** - Chef David and Liz Cook's unique flavors (about twice a month)

**Finn Meadows Farm** - shares still available for this season's CSA! Featuring loose leaf and head lettuce, salad turnips, radishes, and pastured meat

**Gadabout Donuts** - homemade donuts (this Saturday

only)

**Goddess Fine Foods** - spice blends, salt and pepper  
spice blends

**Goodlife Farm** - vegetable and herb plants for your  
garden

**Grandola Granola** - homemade, nut-free granola

**Jessie's Garden** - kohlrabi, green onions, plants for your  
veggie garden

**Kartal's Honey** - seasonal allergies are upon us!  
Introducing local honey into your diet can combat side  
effects from pollen

**Like Mom's Only Vegan** - homemade vegan cookies--  
chocolate chip, black and white, peanut butter chip, and  
many others.

**Mt Kofinas Olive Oil** - selection of olive oils and vinegars

**Olde Garden Shack** - beautiful hanging flower  
arrangements

**The Pickled Pig** - pickles, sauerkraut, beets, cauliflower,  
kimchi, kvass

**Pies and Other Pleasures** - fruit pies, plus chocolate  
Derby pie all month!

**Pine Lane Soaps** - goats milk soaps and lotions. Meet  
the goats on June 17th at our next open house, and all  
are welcome

**Probasco Urban Farm** - locally-grown mushrooms  
(begins in June)

**Rice Family Harvest** - strawberries, sugar snap  
peas, asparagus, greens, and green onions.

**Salatin's Orchard** - radishes, herbs and lettuces plus  
herb and veggie plants

**Summuh Hummus** - varieties of homemade hummus  
you won't find in the store, including Magnus Mustummus  
blended with a house-made mustard

**TS Farms** - grass-fed chicken, beef, pork. Summer CSA  
still has availability! Inquire in person for details!

**Wittmeyer White Oak Farm** - veggies, squash pizza  
crusts, salsa, mustard, zucchini bread

**Food Truck of the week: no truck this week, but  
visit Depot BBQ**

**Musician of the week: One Man Jazz Band**

**Crafters: Robert Mahaffey: hand-crafted cutting boards**

**Ora Studio: pottery**

**Dry Moon Pillowcases: 2-sided pillowcases with terry and satin**

**Friendly reminder:** The Montgomery Farmers' Market Board reminds our dog-loving friends of their responsibility to keep dogs on a leash and maintain control of them at all times while visiting the Market. More than anything, we want to be sure that all of our visitors (2- and 4-legged!) and vendors have a safe and enjoyable time at the Market. We appreciate your cooperation and support. To share any questions or comments about the Market with the board, please email [montfarmersmkt@gmail.com](mailto:montfarmersmkt@gmail.com).

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