

Montgomery Farmers'
Market

June 24, 2017

Montgomery Farmers' Market
Montgomery Elementary School
9609 Montgomery Rd.
Montgomery, Ohio 45242

Lots of Variety THIS WEEK!

It doesn't get much better than this! Summer arrived this week and the Market is full of the early summer veggies and fruit we love. Let's cut to the chase.

Big **tomatoes**, including the sweet "4th of July" variety (a little early). The first **sweet corn**. **Peaches** and **blueberries**, **green beans**, **cucumbers**, **cabbage**, **zucchini**, **patty pan** and **yellow squash**. Also, the first fresh **garlic** of the season.



Some of the crops we enjoyed in the Spring, are still available into the Summer: **lettuce**, **salad greens**, **broccoli**, **cauliflower**, **beets**, **carrots**, **swiss chard**, **bok choy**, **snow peas**, **green onions**, **baby leeks**, and big **sweet onions**.

And plants for your veggie garden. It's not too late to plant herbs, like basil, or tomatoes for mid-season.

There's more to come. It's almost "tomato season." The heirloom tomatoes are just a few weeks away. Same for the local melons (which we LOVE!).

But, this is the week we've been waiting for! It's time to get adventurous in the kitchen!

The Montgomery Farmers' Market Board
Kim, Stuart, Susan, Ted, Wanda, & Larry

PS: **Gadabout Doughnuts** had such a good time at MFM last month, they're coming back this week with their homemade doughnuts! Bring the kids!

Finn Meadows Farm Looking For Land



Marc and Claire Luff started farming the 50 acres of Finn Meadows Farm, here in Montgomery, in 2011. It's Montgomery's last working farm, tucked behind Twin Lakes.

What a memorable sight it was to see Marc driving his green tractor right down Montgomery Road, pulling the farm wagon full of the week's produce, to Montgomery Elementary, for the Market.

Now it's time for them to look for a new home. Do you know someone with 50-100 acres of land they'd be willing to sell, or to lease for 99 years? If you have a lead, a name, or an offer, please pass it along to Marc and Claire at the Market on Saturday.

Non-profits: Help For Exchange Students

Since we started, MFM has made space available for local non-profit organizations that want to spread the word about an event, or what they're do.

This week, EF High School Exchange Year will be at the Market looking for host families for exchange students. If you want to know more, stop by their booth, pick up some information, and talk with Maggi (a former Sycamore High School teacher).



Kids: Come hunt for peas!

Here's how it works. Each week, we hide the three peas in booths around the Market. When your child has found all three peas, visit the Market Manager's booth, report where you found them, and she will reward your child with a Farmers Buck to spend at the Market! (Make sure the peas stay hidden for other

kids to find!)

What We're Eating

Our 2017 Vendors:

Angie Tee's Kitchen - Malaysian and international cuisine, kimchi, wholesome soups and salads

Argos Pet Supplies - dog and cat food, pet treats

Baudry French Pastry - seasonal fruit tarts & pastries, shortbread cookies, croissants

Bethel Lane Farms - fresh garlic, 4th of July tomatoes, cabbage, cukes, kale, zucchini, basil plants, fresh herbs, spice blends

Crackling Crust - artisan sourdough breads, including natural country, cherry chocolate walnut, Seeds 'n Sprouts, focaccia, challah, baguettes, danish

Cucina Della Patrizia - homemade Italian specialties, including pasta, ravioli, sauces, focaccia, olives, and more

Depot Barbecue - from the old Madeira train depot, the Benson's recipe for pulled pork and chicken, quiche, slaw, to eat at the Market or take home

Deeper Roots Coffee - a variety of locally-roasted coffee beans, including new arrivals and new blends for the summer

Fatty & Skinny Brand Sauces - Chef David and Liz Cook's unique flavors (about twice a month)

Finn Meadows Farm - Featuring pastured chicken and pork, head lettuce, salad greens, Swiss chard, kohlrabi, carrots, baby leeks, bok choy, green onions

Goddess Fine Foods - spice blends, salt and pepper blends

Grandola Granola - homemade, nut-free granola

Jessie's Garden - summer squash, green onions, veggie plants

Kartal's Honey - seasonal allergies are upon us! Introducing local honey into your diet can combat side effects from pollen

Like Mom's Only Vegan - homemade vegan cookies--chocolate chip, black and white, peanut

butter chip, and many others.

Mt Kofinas Olive Oil - selection of olive oils and vinegars

Olde Garden Shack - sweet corn, green beans, lettuce, cucumbers, zucchini broccoli, cauliflower, kohlrabi, cut flowers

The Pickled Pig - pickles, sauerkraut, pickled beets & cauliflower, kimchi, kvass

Pies and Other Pleasures - American flag pies, fruit pies, cookies, hand pies

Pine Lane Soaps - goats milk soaps and lotions. This Saturday, meet the goats, chickens, cows at our next open house. It's free. 5057 State Rt. 133, in Batavia

Probasco Urban Farm - locally-grown mushrooms (begins in July)

Rice Family Harvest - blueberries, big tomatoes (red, yellow, green), squash, cucumbers, sweet onions, leeks, lettuce, spinach, kale, snow peas, broccoli

Salatin's Orchard - tomatoes, peaches, black raspberries, gooseberries, new potatoes, fennel

Summuh Hummus - varieties of homemade hummus you won't find in the store, including Magnus Mustummus blended with a house-made mustard

TS Farms - grass-fed chicken, beef, pork, eggs, jams & jellies. Also breakfast sandwiches. Summer CSA still has availability! Inquire in person for details!

Wittmeyer White Oak Farm - summer squash pizza crusts, potted Thai hot pepper plants, salsa, mustard, zucchini bread

Food Truck of the week: Caveman Crepes

Musician of the week: Megan Wren

Crafters: RLM Cutting Boards, Hanamiya paper & cloth crafts

Business: Rabenold McIntyre Insurance

Friendly reminder: The Montgomery Farmers' Market Board reminds our dog-loving friends of their responsibility to keep dogs on a leash and maintain control of them at all times while visiting the Market. More than anything, we want to be sure that all of our visitors (2- and 4-legged!) and vendors have a safe and enjoyable time at the Market. We appreciate your cooperation and support.

To share any questions or comments about the Market with the board, please email:

montfarmersmkt@gmail.com

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