

Montgomery Farmers'
Market

August 12, 2017

Montgomery Farmers' Market Montgomery Elementary School 9609 Montgomery Rd. Montgomery, Ohio 45242

National Farmers Market Week August 6th-12th!

Why Farmers Markets?

- Stimulates local economies
- Preserve Farmland and Rural Livelihoods
- Increase Access to Fresh Food
- Support Healthy Communities

Saturday morning looks sunny...just about perfect!

This dry weather has made the tomato crop one of the best we have ever seen. It is bulk weekend for Finn Meadows, which will have bulk tomatoes, bulk storage onions, and bulk storage yukon gold potatoes. Stock up!

We hope to see you at the Market.

Montgomery Farmers' Market Board Kim, Stuart, Susan, Ted, Wanda and Larry

MFM Accepts Credit Cards & SNAP/EBT

MFM can now accept **SNAP** benefits (formerly known as "food stamps"), and **credit cards**. Here are the details.



To use SNAP, come to the MFM Manager's Booth to swipe your card and convert your benefits into MFM Bucks (for use at our market only).



As an added benefit, MFM has teamed up with **Produce Perks**(a non-profit), which will match the first **ten dollars** (\$10.00) of SNAP purchases for **fresh fruits and vegetables**.

This allows SNAP customers to double their first \$10 in produce purchases.

The same system will allow you to use **credit cards** at MFM. Some of our vendors already accept credit cards. For the rest, come to the Manager's Booth. We will swipe your credit card for the amount you want (in \$10 increments). You will receive MFM Bucks to use at all vendors' booths. We pass along to you our \$1.00 processing fee.

We are grateful to the City of Montgomery for their financial support and encouragement with this project. The City continues to be a strong supporter of the Market.

Make A Button

Maybe you have a little artist in the family. Maybe you're the artist. We have stickers with the MFM logo, blank stickers, lots of markers, and a <u>button machine</u>. For a \$1 donation, you can show your talent and support the Market. Stop by near the Manager's Booth and <u>make a button!</u>





What We're Eating

Our 2017 Vendors:

<u>Angie's Malaysian Satay & Sauces</u> - Malaysian and international cuisine, kimchi, wholesome soups and salads

Argos Pet Supplies - Dog and cat food, pet treats **Baudry French Pastries** - croissants--butter, chocolate & almond, fruit tarts, shortbread cookies, cinnamon rolls

Bethel Lane <u>Farms</u> - tomatoes, cabbage, corn, cucumbers, zucchini, basil, sweet onions, kale, garlic, spice blends, green beans

Crackling Crust - jalapeno cheddar, Natural Country, Sunny whole wheat, cinnamon raisin, Seeds & Sprouts, challah, baguettes, pastries, muffins

Cucina Della Patrizia - homemade pasta, ravioli, sauces, focaccia, olives, fruit jams and more

<u>Deeper Roots Coffee</u> - a variety of locally-roasted coffee beans from Central America, South America and Africa

Fatty & Skinny Brand Sauces - Chef David and Liz Cook's unique flavors - at the Market twice a month Finn Meadows Farm - featuring pastured chicken, beef and pork, tomatoes, beets, carrots, new potatoes, tomatillos, Swiss chard, greens, baby leeks, onions Goddess Fine Foods - spice blends, salt and pepper spice blends, seafood spices

Grandola Granola - homemade, nut-free granola **Jessie's Garden** - Micro greens, sprouts, cherry tomatoes, okra

Kartal's Honey - pure, local honey. Introducing local honey into your diet can combat side effects from pollen and allergies

Like Mom's Only Vegan - homemade vegan cookies-chocolate chip, black and white, peanut butter chip, and many others.

Michael Ja' Marinade - marinade good on chicken, beef, fish and vegetables; also grilled portobello mushroom sandwiches for sale

Mt Kofinas Olive Oil - selection of olive oils and vinegars

<u>Olde Garden Shack</u> - sweet corn, melons, green beans, cucumbers, zucchini, peppers, cut flowers, watermelons

The Pickled Pig - pickles, sauerkraut, pickled beets & cauliflower, kimchi, kvass

Pies and Other Pleasures - blackberry, homegrown blueberry, Southern peach, double crust apple with wild black raspberries, cookies, hand pies

Pine Lane Soaps - goats milk soaps and lotions. **Probasco Urban <u>Farm</u>** - locally-grown mushrooms including oyster and chanterelle

<u>Rice Family Harvest</u> - cantaloupes, watermelon, peaches, tomatoes, corn, Zephyr summer squash, sweet onions, eggplant, bell peppers, cucumbers

RLM Woodwork - cutting boards (every other week) **Salatin's Orchard** - peaches, mini celery, large and small tomatoes, and Lodi apples

<u>Summuh Hummus</u> - varieties of homemade hummus you won't find in the store, including Magnus Mustummus blended with mustard

TS Farms - grass-fed chicken, beef, pork. Summer CSA still has availability! Inquire in person for details! **Thomas Ireland Smith <u>Farm</u>** - maple syrup, maple sugar, maple candy, flavored maple syrups (through Aug. 5)

Wittmeyer White Oak <u>Farm</u> - cukes, zucchini, hot & sweet peppers, okra, squash pizza crusts, zucchini bread, squash spice cake, banana pepper mustard

Food Truck of the week: Caveman Crepes Musician of the week: Megan Wren

Crafters: Shoff Studios (t-shirts); Native State

Business: Barre 3

Friendly reminder: The Montgomery Farmers' Market Board reminds our dog-loving friends of their responsibility to keep dogs on a leash and maintain control of them at all times while visiting the Market. More than anything, we want to be sure that all of our visitors (2- and 4-legged!) and vendors have a safe and enjoyable time at the Market. We appreciate your cooperation and support.

To share any questions or comments about the Market with the board, please email:

montfarmersmkt@gmail.com

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