



Montgomery Farmers'
Market

August 19, 2017

Montgomery Farmers' Market
Montgomery Elementary School
9609 Montgomery Rd.
Montgomery, Ohio 45242

Summer Produce At Its Best!

Did you get caught in Thursday afternoon's rain showers? It was just what our growers were waiting for. In fact, one grower was ready to do a "rain dance."

You can still take advantage of one of the best tomato seasons in a while. If you've been waiting to put away some of your family recipe tomato sauce for the cold, dark winter nights that are coming, this might be a good week to ask about five or 10 pounds of "scratch-and-dent" bulk tomatoes.



You will also find many varieties of sweet melons, including the "Indy-lope," an Athena-style cantaloupe. There's also

plenty of sweet corn, summer squash, okra, and eggplant.



New varieties are still showing up at the market. Wittmeyer White Oak Farm is harvesting the first "Battlefield Beans," and Salatin has concord grapes and an early variety of apples. You might even find some early hard, winter squash this week, as we get ready to turn the corner to fall crops.

Finn Meadows is having another "bulk weekend," with special prices on potatoes and onions. And Jessie's Garden is bringing microgreens and sprouts.

A heads up: Crackling Crust will be away next week, so you might want to freeze an extra loaf of bread. And Alan, at Probasco Urban Farm, is switching to oyster, honey, and lion's mane mushrooms. No more chanterelles, for now.

The weather looks golden again on Saturday morning. We hope to see you at the Market.

Montgomery Farmers' Market Board
Kim, Stuart, Susan, Ted, Wanda and Larry

PS: Check out the One-Man Jazz Band with a cup of Deeper Roots and a treat!

MFM Accepts Credit Cards & SNAP/EBT

MFM can now accept **SNAP** benefits (formerly known as "food stamps"), and **credit cards**. Here are the details.



To use SNAP, come to the MFM Manager's Booth to swipe your card and convert your benefits into MFM Bucks (for use at our market only).



PRODUCE PERKS

As an added benefit, MFM has teamed up with **Produce Perks**(a non-profit), which will match the first **ten dollars** (\$10.00) of SNAP purchases for **fresh fruits and vegetables**.

This allows SNAP customers to double their first \$10 in produce purchases.

The same system will allow you to use **credit cards** at MFM. Some of our vendors already accept credit cards. For the rest, come to the Manager's Booth. We will swipe your credit card for the amount you want (in \$10 increments). You will receive MFM Bucks to use at all vendors' booths. We pass along to you our \$1.00 processing fee.

We are grateful to the City of Montgomery for their financial support and encouragement with this project. The City continues to be a strong supporter of the Market.

Make A Button

Maybe you have a little artist in the family. Maybe you're the artist. We have stickers with the MFM logo, blank stickers, lots of markers, and a button machine. For a \$1 donation, you can show your talent and support the Market. Stop by near the Manager's Booth and *make a button!*



Our 2017 Vendors:

Angie's Malaysian Satay & Sauces - Malaysian and international cuisine, kimchi, wholesome soups and salads

Argos Pet Supplies - Dog and cat food, pet treats

Baudry French Pastries - croissants--butter, chocolate & almond, fruit tarts, shortbread cookies, cinnamon rolls

Bethel Lane Farms - tomatoes, cabbage, corn, cucumbers, zucchini, basil, sweet onions, kale, garlic, spice blends, green beans

Crackling Crust - spelt and emmer heritage grains, Natural Country, Sunny whole wheat, cranberry walnut, challah, baguettes, pastries, croissants, muffins

Cucina Della Patrizia - homemade pasta, ravioli, sauces, focaccia, olives, fruit jams and more

Deeper Roots Coffee - a variety of locally-roasted coffee beans from Central America, South America and Africa

Fatty & Skinny Brand Sauces - Chef David and Liz Cook's unique flavors - at the Market *twice a month*

Finn Meadows Farm - "bulk week" for potatoes and onions, heirloom tomatoes, tomatillos, and featuring pastured chicken, beef and pork

Goddess Fine Foods - spice blends, salt and pepper spice blends, seafood spices

Grandola Granola - homemade, nut-free granola

Jessie's Garden - Micro greens, sprouts, cherry tomatoes, okra, fresh sage

Kartal's Honey - pure, local honey. Introducing local honey into your diet can combat side effects from pollen and allergies

Like Mom's Only Vegan - homemade vegan cookies--chocolate chip, black and white, peanut butter chip, and many others.

Michael Ja' Marinade - marinade good on chicken, beef, fish and vegetables; also grilled portobello mushroom sandwiches for sale

Mt. Kofinas Olive Oil - selection of olive oils and vinegars (away this week)

Olde Garden Shack - sweet corn, melons, green beans, cucumbers, zucchini, peppers, cut flowers,

watermelons

The Pickled Pig - pickles, sauerkraut, pickled beets & cauliflower, kimchi, kvass

Pies and Other Pleasures - blackberry, homegrown blueberry, Southern peach, double crust apple with wild black raspberries, cookies, hand pies

Pine Lane Soaps - goats milk soaps and lotions.

Probasco Urban Farm - locally-grown mushrooms including oyster and chanterelle

Rice Family Harvest - cantaloupes, watermelon, tomatoes, corn, summer squash, onions, eggplant, bell peppers, cucumbers

RLM Woodwork - cutting boards (every other week)

Salatin's Orchard - concord grapes, fall hard squash, new varieties of apples, tomatoes

Summuh Hummus - varieties of homemade hummus you won't find in the store, including Magnus Mustummus blended with mustard

TS Farms - grass-fed chicken, beef, pork. Summer CSA still has availability! Inquire in person for details!

Wittmeyer White Oak Farm - "battlefield beans," zucchini, hot & sweet peppers, squash pizza crusts, zucchini bread, banana pepper mustard

Food Truck of the week: Bistro de Mohr

Musician of the week: One-Man Jazz Band

Crafters: RLM Woodwork, Native State, Brooch and Bangle, Hanamiya

Business: Edward Jones/Hathaway

Friendly reminder: The Montgomery Farmers' Market Board reminds our dog-loving friends of their responsibility to keep dogs on a leash and maintain control of them at all times while visiting the Market. More than anything, we want to be sure that all of our visitors (2- and 4-legged!) and vendors have a safe and enjoyable time at the Market. We appreciate your cooperation and support.

To share any questions or comments about the Market with the board, please email:

montfarmersmkt@gmail.com

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