



Montgomery Farmers'
Market

Sept 2, 2017

Get Ready For Labor Day Cookout

Labor Day is the unofficial end of summer in Cincinnati. The fireworks. The

Rubber Duck Regatta for
charity. And a big cookout!

For our growers, Labor Day is when they make the turn from summer crops to fall crops. For us, the great thing about Labor Day is that both summer and fall crops are available at the Market. And this is our good fortune for the next several weeks. Look at this:

Fall crops: acorn squash, spaghetti squash, new crops of salad greens and spinach, new potatoes and fingerlings, several varieties of apples and pears.

Summer crops: tomatoes of all sizes and varieties, sweet corn, melons and cantaloupes, green beans, zukes & cukes, eggplant, peppers, onions, okra.

Montgomery Farmers'
Market
Montgomery Elementar
y School
9609 Montgomery Rd.
Montgomery, Ohio
45242



The elephant in the room is Hurricane Harvey (now a storm). The forecast for us seems to change by the hour. As of Thursday, Weather Channel predicts rain on Friday night and only a 25% chance of rain at 9am on Saturday.

We hope you will wear a rain jacket, if necessary, and come see us at the Market.

Montgomery Farmers' Market Board
Kim, Stuart, Susan, Ted, Wanda and Larry

PS: Crackling Crust is back from vacation with bread and pastries!

Buy In Bulk

This is the time of year to buy at the Market to fill your freezer and pantry. If you like to process beans or can tomatoes or freeze sweet corn, some growers will sell you their excess or their "scratch-and-dent" produce that takes a little trimming.



This week, Rice Family Harvest wants you to know that they can provide half-bushels or bushels of tomatoes. If you are interested, contact Nancy Rice at Rice Family Harvest (nrice5049@gmail.com) and they will make arrangements so you can pick up at the Market.

MFM Accepts Credit Cards & SNAP/EBT

MFM can now accept **SNAP** benefits (formerly known as "food stamps"), and **credit cards**. Here are the details.



To use SNAP, come to the MFM Manager's Booth to swipe your card and convert your benefits into MFM Bucks (for use at our market only).



As an added benefit, MFM has teamed up with **Produce Perks**(a non-profit), which will match the first **ten dollars** (\$10.00) of SNAP purchases for **fresh fruits and vegetables**.

This allows SNAP customers to double their first \$10 in produce purchases.

The same system will allow you to use **credit cards** at MFM. Some of our vendors already accept credit cards. For the rest, come to the Manager's Booth. We will swipe your credit card for the amount you want (in \$10 increments). You will receive MFM Bucks to use at all vendors' booths. We pass along to you our \$1.00 processing fee.

We are grateful to the City of Montgomery for their financial support and encouragement with this project. The City continues to be a strong supporter of the Market.

Make A Button

Maybe you have a little artist in the family. Maybe you're the artist. We have stickers with the MFM logo, blank stickers, lots of markers, and a button machine. For a \$1 donation, you can show your talent and support the Market. Stop by near the Manager's Booth and *make a button!*



Our 2017 Vendors:

- Angie's Malaysian Satay & Sauces** - Malaysian and international cuisine, kimchi, wholesome soups and salads
- Argos Pet Supplies** - dog and cat food, pet treats
- Baudry French Pastries** - croissants--butter, chocolate & almond, fruit tarts, shortbread cookies, cinnamon rolls
- Bethel Lane Farms** - tomatoes, green beans,cabbage,

cucumbers, zucchini, peppers, jalapenos, spice blends

Crackling Crust - cranberry walnut, cinnamon raisin, natural country, dark rye, toasted sesame whole wheat, challah, focaccia, apple danish, croissants

Cucina Della Patrizia - homemade pasta, ravioli, sauces, focaccia, olives, fruit jams and more

Deeper Roots Coffee - a variety of locally-roasted coffee beans from Central America, South America and Africa

Fatty & Skinny Brand Sauces - Chef David and Liz Cook's unique flavors - at the Market *twice a month*

Finn Meadows Farm - potatoes, onions, heirloom tomatoes, tomatillos, and featuring pastured chicken, beef and pork

Goddess Fine Foods - spice blends, salt and pepper spice blends, seafood spices

Grandola Granola - homemade, nut-free granola

Jessie's Garden - Micro greens, sprouts, cherry tomatoes, okra, ground cherries

Kartal's Honey - pure, local honey. Introducing local honey into your diet can combat side effects from pollen and allergies

Like Mom's Only Vegan - homemade vegan cookies-- chocolate chip, black and white, peanut butter chip, and many others.

Michael Ja' Marinade - marinade good on chicken, beef, fish and vegetables; also grilled portobello mushroom sandwiches for sale

Mt. Kofinas Olive Oil - selection of olive oils and vinegars
(away this week)

Olde Garden Shack - first fall & winter squash, sweet corn, melons, green beans, cucumbers, zucchini, peppers, eggplant, cut flowers, watermelons

The Pickled Pig - pickles, sauerkraut, pickled beets & cauliflower, kimchi, kvass

Pies and Other Pleasures - blackberry, Southern peach, apple, cookies, hand pies, cinnamon rolls

Pine Lane Soaps - goats milk soaps and lotions.

Probasco Urban Farm - locally-grown mushrooms including oyster, honey and lion's mane

Rice Family Harvest - apples, pears, acorn & spaghetti squash, fingerling potatoes, tomatoes, sweet peppers, zukes, corn, eggplant, sweet onions

RLM Woodwork - cutting boards (every other week)

Salatin's Orchard - not at market this week

Summuh Hummus - varieties of homemade hummus you won't find in the store, including Magnus Mustummus blended with mustard

Thomas Ireland Smith Farm - maple syrup, maple sugar, maple candy, flavored maple syrups

TS Farms - grass-fed chicken, beef, pork. Summer CSA still has availability! Inquire in person for details!

Wittmeyer White Oak Farm - "battlefield beans," zucchini, hot & sweet peppers, squash pizza crusts, zucchini bread, banana pepper mustard

Food Truck of the week: No food truck on Labor Day weekend

Musician of the week: Jamgrass Duo

Crafters: Hanamiya, Fatty & Skinny sauces, RLM

Woodwork

Business: Montgomery Chamber of Commerce

Friendly reminder: The Montgomery Farmers' Market Board reminds our dog-loving friends of their responsibility to keep dogs on a leash and maintain control of them at all times while visiting the Market. More than anything, we want to be sure that all of our visitors (2- and 4-legged!) and vendors have a safe and enjoyable time at the Market. We appreciate your cooperation and support.

To share any questions or comments about the Market with the board, please email: montfarmersmkt@gmail.com

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