



Montgomery Farmers'  
Market

October 7, 2017

Montgomery Farmers' Market  
Montgomery Elementary  
School  
9609 Montgomery Rd.  
Montgomery, Ohio 45242

### *It Was Hot, Then It Was Cool, Then It Was Hot...*

...then it was cool, then it was warm, then it was cool, and so it goes in September and October. But the good news for market-goers and our growers is that the fields are in good shape and growing a ***big variety*** of produce--both summer favorites and fall specialties.

This week we will have tomatoes, a new crop of zucchini, cucumbers, eggplant, beans and maybe some corn. Growers are bringing a fresh crop of fall salad greens and kale this week. And the peppers love this time of year, so grab some sweet bells and some chiles. (We know the first killing frost is coming and most of this will go away!)



Growers are bringing different varieties of hard winter squash--butternut, acorn, spaghetti, tiger (striped), and more. Also, pumpkins for pies and pumpkins for

Halloween. You'll find gourds and flowers and chrysanthemums for your flower beds. And apples-- several varieties of local apples and fresh cider.



Take a walk to Jessie's Garden, our microgreens grower. What are microgreens? Tiny shoots of peas, broccoli, sunflowers and spicy veggies and herbs that are super-charged with nutrients. Marge can tell you more, and offer recipes and suggestions for how to use them.

Looks like a sunny autumn morning. We hope to see you at the Market.

Farmers' Market Board  
Kim, Stuart, Susan, Ted, Wanda and Larry

PS: Come for breakfast! Caveman Creperie is back!!

## ***New Hours For Winter Market***

When the weather turns cold, we take a little more time to get started on a Saturday morning. So, we pushed back the start time of the new Winter Market by 30 minutes. **The new hours for the Winter Market, starting November 4th, will be 9:30am-12:30pm.**

The Winter Market will be hosted by Montgomery Presbyterian Church, located at [9994 Zig Zag Rd](#), which is about a 5-minute drive from our current home at Montgomery Elementary.



The Winter Market will run from **November 4th** until **December 23rd**. But, we will *take off* on the Saturday after Thanksgiving.



**The church is easy to find.** From our current location at the school, you head north on Montgomery Rd. to the first traffic light, at Mitchell Farm Ln. Turn left and go straight until the street ends. (The name changes to Zig Zag Rd.) Turn right and the church is about two or three blocks down.

On Monday, we will walk through the indoor space at the church to see how many vendors we can accommodate. We might use some outdoor space for certain vendors when the weather is good.

Watch here for more information in the next few weeks.

## *MFM Accepts Credit Cards & SNAP/EBT*

MFM now accepts **SNAP** benefits (formerly known as "food stamps"), and **credit cards**. Come to the Market Manager's booth to find out about both.



*We are grateful to the City of Montgomery for their financial support and encouragement with this project. The City continues to be a strong supporter of the Market.*

## *The Peas Are Back*

Let's re-introduce our three peas - Penelope, Piper, and Pru! These silly stuffed peas hide in the market every week. When your child has found all three peas, visit the Market Manager's booth, report where you found them, and Gabi will reward your child with a Farmers' Buck to spend at the Market! (Make sure the peas stay hidden for other kids to find!)



## *Make A Button*

Maybe you have a little artist in the family. Maybe you're the artist. We have stickers with the MFM logo, blank stickers, lots of markers, and a *button machine*. For a \$1 donation, you can show your talent and support the Market. Stop by near the Manager's Booth and *make a button!*



### **Our 2017 Vendors:**

**Angie's Malaysian Satay & Sauces** - Malaysian and international cuisine, kimchi, wholesome soups and salads

**Argos Pet Supplies** - dog and cat food, pet treats

**Baudry French Pastries** - croissants: butter, chocolate

& almond; fruit tarts and shortbread cookies

**Bethel Lane Farms** - tomatoes (ask about buying in bulk), cabbage, melons, onions, cucumbers, zucchini, peppers, spice blends, market baskets, spices.

**Crackling Crust** - einkorn & emmer ancient grains, spelt whole wheat, olive & oregano, cranberry walnut, chocolate babka, challah, fruit danish, croissants

**Cucina Della Patrizia** - homemade pasta, ravioli, sauces, focaccia, olives, fruit jams and more

**Deeper Roots Coffee** - a variety of locally-roasted coffee beans from Central America, South America and Africa

**Fatty & Skinny Brand Sauces** - Chef David and Liz Cook's unique flavors - at the Market *this week*

**Finn Meadows Farm** - heirloom tomatoes, potatoes, onions, tomatillos, and featuring pastured chicken, beef and pork

**Goddess Fine Foods** - spice blends, salt and pepper spice blends, seafood spices

**Grandola Granola** - homemade, nut-free granola

**Jessie's Garden** - *not at market*

**Kartal's Honey** - pure, local honey. Introducing local honey into your diet can combat side effects from pollen and allergies

**Like Mom's Only Vegan** - homemade vegan cookies-- chocolate chip, black and white, peanut butter chip, and many others.

**Michael Ja' Marinade** - marinade good on chicken, beef, fish and vegetables; also grilled portobello mushroom sandwiches for sale

**Mt. Kofinas Olive Oil** - selection of olive oils and vinegars

**Olde Garden Shack** - pumpkins, mums, fall & winter squash, sweet corn, tomatoes, melons, green beans, cucumbers, zucchini, peppers, eggplant, flowers

**The Pickled Pig** - pickles, sauerkraut, pickled beets, curried cauliflower, kimchi, kvass, smoky dog bones

**Pies and Other Pleasures** - pumpkin, blackberry, apple, cookies, hand pies, cinnamon rolls

**Pine Lane Soaps** - goats milk soaps and lotions.

**Probasco Urban Farm** - locally-grown mushrooms including maitake, mixed mushrooms, and colorful

chicken-of-the-woods

**Rice Family Harvest** - apple cider, apples: Honeycrisp, Jonathan, Fuji, Macintosh, gala; cantaloupes, fall squash, salad greens, tomatoes, peppers, zukes

**RLM Woodwork** - cutting boards (*next week*)

**Salatin's Orchard** - apple cider, variety of apples, fall squash, gourds and mini pumpkins, "broom corn," flowers

**Summuh Hummus** - varieties of homemade hummus you won't find in the store, including Magnus Mustummus blended with mustard

**Thomas Ireland Smith Farm** - maple syrup, maple sugar, maple candy, flavored maple syrups (*not at market this week*)

**TS Farms** - grass-fed chicken, beef, pork. Summer CSA still has availability! Inquire in person for details!

**Wittmeyer White Oak Farm** - hot banana pepper mustard is back, beans, zucchini, hot & sweet peppers, squash pizza crusts, zucchini bread

**Food Truck of the week: Caveman Crepes**

**Musician of the week: TBA**

**Crafters: Decorshop (new), Shoff Studio T-shirts, Bangle and Brooch**

**Business: Montgomery Chamber of Commerce**

**Friendly reminder:** The Montgomery Farmers' Market Board reminds our dog-loving friends of their responsibility to keep dogs on a leash and maintain control of them at all times while visiting the Market. More than anything, we want to be sure that all of our visitors (2- and 4-legged!) and vendors have a safe and enjoyable time at the Market. We appreciate your cooperation and support.

To share any questions or comments about the Market with the board, please email: [montfarmersmkt@gmail.com](mailto:montfarmersmkt@gmail.com)

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