



Montgomery Farmers' Market

October 21, 2017

Montgomery Farmers' Market
Montgomery Elementary School
9609 Montgomery Rd.
Montgomery, Ohio 45242

Fall Is Here--Sort of

Let's just say it. We have enjoyed GREAT weather on Saturday morning all season for the farmers' market! We have another beautiful, warm autumn day this Saturday, and the offerings at the Market will be just as wonderful.

Let's start with the produce. Since we haven't experienced that first killing frost, we still have beautiful, cool-weather salad greens and lettuce, green beans and zucchini. The cool nights are good for broccoli, cauliflower, cabbage, Brussels sprouts, chard and kale. This is the time of year to dig potatoes and sweet potatoes. And you'll find several varieties of winter squash and pumpkins.

The fields and hoop houses are still producing great-tasting tomatoes and peppers.

We have many varieties of local apples and hand-crafted apple cider plus fall flowers and potted chrysanthemums.



The fall season vegetables are inspiring some of our food producers, like Angie Tee's Kitchen. This week, she is using local produce in pickled peppers and several varieties of kimchi. She's also bringing fall soups: potato leek, creamy zucchini walnut dill, and white bean and ham, plus her own satay spice marinade and satay peanut sauce.

Some of our vendors are thinking about the holidays. Bethel Lane is taking orders for cranberry-apple butter. Finn Meadows is taking orders for turkeys and bulk pastured pork. Pine Lane Soaps produced a delicious caramel sauce from goat's milk. And Crackling Crust is taking holiday orders, too.

Don't forget to visit our food artisans who produce Asian and Italian food, pastured meat and poultry, pies, pastries, cookies, other baked treats, goat's milk soaps and lotions, olive oil, marinades, sauces, spices, pickles, and honey.

Ask about ordering for the holidays.



Come enjoy a little summer with your autumn. We hope to see you at the Market.

Montgomery Farmers' Market Board
Kim, Stuart, Susan, Ted, Wanda and Larry

PS: Mushrooms are back at Probasco Urban Farm. Bagels are back at Crackling Crust!!

Winter Market Vendors

It's looking like a full house for our first Winter Market.

Our growers will include Wittmeyer White Oak Farm, Bethel Lane, Jessie's Garden and Goodlife Farm. Some of our food artisans: Angie Tee's Kitchen, Like Mom's Only Vegan Cookies, Pies & Other Pleasures and Crackling Crust. Kartal's Pure Honey and TS Farms will be there. Some of our favorite crafts people will be there: RLM Woodworking, Ora Studio, Brooch and Bangle. And, we'll have

carryout food.

And we have a **new vendor** for MFM's Winter Market. Plymouth Springs Fish Co. will bring **rainbow trout and smoked trout** from their Wisconsin fish farm. The Jackson Family, from Montgomery, own the fish farm, which is fed by pure, spring water. MFM is pleased to be the only local market selling their rainbow trout.

We still have a few more vendors that we expect to see at the Winter Market.



The Winter Market will be hosted by Montgomery Presbyterian Church, located at [9994 Zig Zag Rd](#), which is about a 5-minute drive from our current home at Montgomery Elementary. **The new hours for the Saturday**

morning

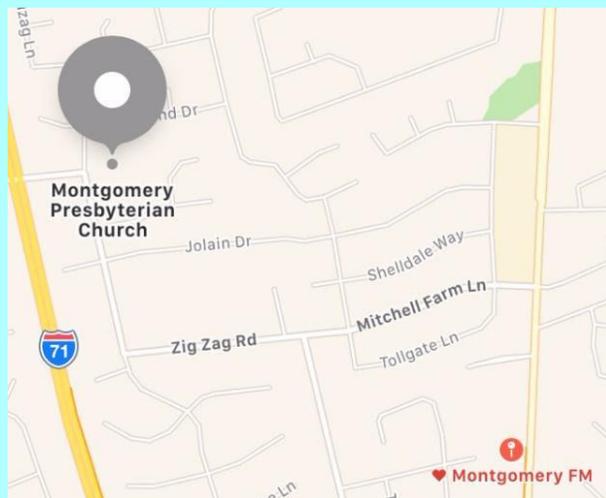
Winter Market will be 9:30am-12:30pm.

The Winter Market will run from **November 4th** until **December 23rd**. But, we will *take off* on the Saturday after Thanksgiving.

The church is easy to find.

From our current location at the school, you head north on Montgomery Rd. to the first traffic light, at Mitchell Farm Ln. Turn left and go straight until the street ends.

(The name changes to Zig Zag Rd.) Turn right and the church is about two blocks down.



We are grateful to the Church's lay leadership and Rev. Michelle Bacon for their support.

Watch here for a complete list of vendors next week.

MFM Accepts Credit Cards & SNAP/EBT

MFM now accepts **SNAP** benefits (formerly known as "food stamps"), and **credit cards**. Come to the Market Manager's booth to find out about both.



We are grateful to the City of Montgomery for their financial support and encouragement with this project. The City continues to be a strong supporter of the Market.

The Peas Are Back

Let's re-introduce our three peas - Penelope, Piper, and Pru! These silly stuffed peas hide in the market every week. When your child has found all three peas, visit the Market Manager's booth, report where you found them, and Gabi will reward your child with a Farmers' Buck to spend at the Market! (Make sure the peas stay hidden for other kids to find!)



Make a Button

We have stickers with the MFM logo, blank stickers, lots of markers, and a *button machine*. You and your child supply the creativity. For a \$1 donation, you can show your talent and support the Market. Stop by near the Manager's Booth and *make a button!*



What We're Eating



Our 2017 Vendors:

Angie Tee's Kitchen - Malaysian and international cuisine, kimchi, pickled peppers, satay marinade mix and peanut sauce, soups, salads

Argos Pet Supplies - dog and cat food, pet treats

Baudry French Pastries - croissants: butter, chocolate, almond; fruit tarts and shortbread cookies

Bethel Lane Farms - tomatoes, cabbage, green beans, butternut squash, zucchini, peppers, leaf lettuce, spice blends, new selection of market baskets

Crackling Crust - cranberry walnut, 4-Grain (Rye/Spelt/Einkorn/Wheat-NO white flour), olive oregano, whole grain rye, natural country, sourdough bagels, focaccia, croissants, pecan rolls, danish, whole wheat chocolate chip cookies

Cucina Della Patrizia - homemade pasta, ravioli, sauces, focaccia, olives, fruit jams and more

Deeper Roots Coffee - a variety of locally-roasted coffee beans from Central America, South America and Africa

Fatty & Skinny Brand Sauces - Chef David and Liz Cook's unique flavors - at the Market *this week*

Finn Meadows Farm - salad greens, head lettuce, green beans, beans, potatoes, onions, kale, chard, winter squash, pumpkins, and 100% grass fed beef, chicken and pork. *Place your order for a fresh turkey!*

Goddess Fine Foods - spice blends, salt and pepper spice blends, seafood spices

Grandola Granola - homemade, nut-free granola

Jessie's Garden - microgreens: peas, broccoli, sunflower, radish, spicy mix, mild mix; ask for recipes and information about the nutritional power of microgreens

Kartal's Honey - pure, local honey. Introducing local honey into your diet can combat side effects from pollen and allergies

Like Mom's Only Vegan - homemade vegan cookies--chocolate

chip, black and white, peanut butter chip, and many others.

Michael Ja' Marinade - marinade good on chicken, beef, fish and vegetables; also grilled portobello mushroom sandwiches for sale

Mt. Kofinas Olive Oil - selection of olive oils and vinegars

Olde Garden Shack - green beans, pumpkins, mums, fall & winter squash, zucchini, peppers, eggplant, flowers

The Pickled Pig - pickles, sauerkraut, pickled beets, curried cauliflower, kimchi, kvass, smoky dog bones

Pies and Other Pleasures - pumpkin, blackberry, apple, pecan, cookies, hand pies, cinnamon rolls

Pine Lane Soaps - goat's milk soaps and lotions.

Probasco Urban Farm - locally-grown mushrooms

Rice Family Harvest - apple cider, apples, Brussels sprouts, cauliflower, greens, cantaloupes, spinach kale, eggplant, fall squash, tomatoes, peppers, zucchini

RLM Woodwork - cutting boards

Salatin's Orchard - apple cider, variety of apples, fall squash, sweet potatoes, cabbage, bittersweet

Summuh Hummus - varieties of homemade hummus you won't find in the store, including Magnus Mustummus blended with mustard--*not at market this week*

Thomas Ireland Smith Farm - maple syrup, maple sugar, maple candy, flavored maple syrups (*not this week*)

TS Farms - grass-fed chicken, beef, pork. And eggs. CSA still has availability! Inquire in person for details

Wittmeyer White Oak Farm - squash pizza crusts, hot banana pepper mustard, zucchini bread

Food Truck of the week: Marty's Waffles

Musician of the week: Elia Burkhart

Crafters: none this week

Business: TBD

Friendly reminder: The Montgomery Farmers' Market Board reminds our dog-loving friends of their responsibility to keep dogs on a leash and maintain control of them at all times while visiting the Market. More than anything, we want to be sure that all of our visitors (2- and 4-legged!) and vendors have a safe and enjoyable time at the Market. We appreciate your cooperation and support. To share any questions or comments about the Market with the board, please email: montfarmersmkt@gmail.com

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