



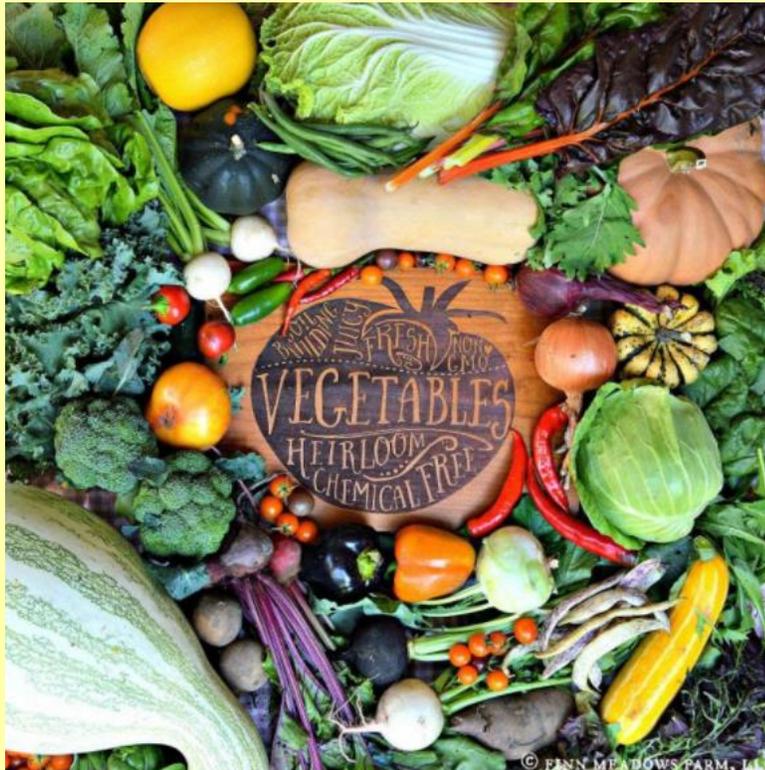
Montgomery Farmers' Market

October 28, 2017

Montgomery Farmers' Market
Montgomery Elementary School
9609 Montgomery Rd.
Montgomery, Ohio 45242

Last Week At Mont Elem Before Winter Market

It doesn't seem possible that another full season of Montgomery Farmers' Market is ending on Saturday. There's still a lot to choose from this week, as you can see in the photo we received from Finn Meadows Farm.



Thanks to Finn Meadows Farm for this photo.

The good news is that the **Winter Market** is ready to go!
(Details below)

We started back in May with spring salad mix and broccoli and vegetable starts for your backyard veggie garden, plus all of the goodies from our wonderful artisan food producers. Our growers enjoyed a good season, with enough rain at the right times. And so, we enjoyed beautiful Saturday mornings and great crops of heirloom tomatoes, sweet corn, summer squash, green beans, and the things you can't find at the grocery store-- ground cherries, tart cherries, microgreens, sugar cube and Indy-lope melons, and so much more.

And speaking of some of the things you can only find at a farmers' market, we hope you enjoyed local **grassfed meat** and chicken, homemade **sourdough bread**, French **croissants and pastries**, locally-grown fresh **mushrooms**, **Italian** lasagna and focaccia, **Thai** noodles and kimchi, **vegan** cookies, **olive oil** from a local family's trees in Greece, locally-roasted **coffee**, **honey** from local bees, organic hummus, homemade **marinades**, fresh **eggs**, local **apples** and cider, **granola**, goat's milk **soap** and lotion, **pickles** from local veggies, **mustard** with local peppers, and peach and apple **pies** made with locally-grown fruit.

That's the thing about MFM. Our vendors work with each other, buy ingredients from each other, keeping it **LOCAL**, supporting each other, while creating **FRESH** and **CLEAN** food for you and your family.

When you shop at MFM, you vote with your food dollars to support local family farms and local food artisans. As one vendor said, if you don't shop at Kroger, it will still be there. But if you don't support local farmers and food vendors, they will disappear.

AND SO, FROM ALL OF THE VENDORS, MUSICIANS, FOOD TRUCKS, AND THE VOLUNTEER BOARD, WE SAY THANK YOU TO EVERYONE WHO SHOPS AT MONTGOMERY FARMERS' MARKET.



Come enjoy our last sunny Saturday at Montgomery Elementary. Stock up and say thanks to your favorite vendors, and find out more about the Winter Market, which starts next week.

We hope to see you at the Market.

Montgomery Farmers' Market Board
Kim, Stuart, Susan, Ted, Wanda and Larry

PS: Stock up on Deeper Roots coffee and other favorites this week!

Winter Market Vendors List

We have a full house for the Winter Market, **starting next Saturday, Nov. 4th!**

The Winter Market will be held at Montgomery Presbyterian Church, located at

[9994 Zig Zag Rd.](#), just 5 minutes from Montgomery Elementary.

**New hours start 30 minutes later:
9:30am to 12:30pm.**



We have some new vendors, a lot of old favorites, and some crafters--all with good ideas for holiday meals and gifts!

Most will be there every week, but a few will be there on and off. Our weekly newsletter will let you know who is coming week-by-week.

Here's the list of vendors:

Angie Tee's Kitchen: Malaysian and international cuisine

Argos All-Natural Pet Food & Supply
Bethel Lane Farms
Brooch & Bangle: handmade jewelry
Caveman Crepes: food truck
Crackling Crust: sourdough bread, pastries
Cucina Della Patrizia: homemade Italian food
New! Especially By Shelley: note cards, greeting cards
New! Garden Of Eaten Fresh Foods: pickles, salsa, hummus
Goddess Fine Foods: spice mixes, esp. for fish and seafood
Goodlife Farm
Jessie's Garden: microgreens
Like Mom's Only Vegan: homemade cookies
Ora Studio: pottery
Pies And Other Pleasures
Pine Lane Soaps: goat's milk soaps and lotions
New! Plymouth Springs Fish Co.: rainbow trout, smoked trout and spreads
Kartal's Pure Honey
RLM Woodworks: cutting boards
TS Farms: pastured meat and chicken, eggs
Wittmeyer White Oak Farms: squash pizza crusts, homemade mustard

The Winter Market will run from **November 4th** until **December 23rd**. But, we will *take off* on the Saturday after Thanksgiving.

The Winter Market will accept **SNAP benefits and credit cards**. Come to the Market Manager's booth to find out about both.

The church is easy to find.

From our current location at the school, you head north on Montgomery Rd. to the first traffic light, at **Mitchell Farm Ln.** Turn left and go straight until the street ends.

(The name changes to **Zig Zag Rd.**) Turn right and the church is about two blocks down.

Or use your GPS or mapping app.



We are grateful to the Church's lay leadership and Rev. Michelle Bacon for their support.

What We're Eating



Our 2017 Vendors:

Angie Tee's Kitchen - Malaysian and international cuisine, kimchi, pickled peppers, satay marinade mix and peanut sauce, soups, salads

Argos Pet Supplies - dog and cat food, pet treats

Baudry French Pastries - croissants: butter, chocolate, almond; fruit tarts and shortbread cookies

Bethel Lane Farms - tomatoes, cabbage, green beans, butternut squash, zucchini, peppers, leaf lettuce, spice blends, new selection of market baskets

Crackling Crust - cranberry walnut, 4-Grain (Rye/Spelt/Einkorn/Wheat-NO white flour), olive oregano, whole grain rye, natural country, sourdough bagels, focaccia, croissants, pecan rolls, danish, whole wheat chocolate chip cookies

Cucina Della Patrizia - homemade pasta, ravioli, sauces, focaccia, olives, fruit jams and more

Deeper Roots Coffee - a variety of locally-roasted coffee beans from Central America, South America and Africa

Fatty & Skinny Brand Sauces - Chef David and Liz Cook's unique flavors - at the Market *this week*

Finn Meadows Farm - salad greens, head lettuce, green beans, beans, potatoes, onions, kale, chard, winter squash, pumpkins, and 100% grass fed beef, chicken and pork. *Place your order for a fresh turkey!*

Goddess Fine Foods - spice blends, salt and pepper spice blends, seafood spices

Grandola Granola - homemade, nut-free granola

Jessie's Garden - microgreens: peas, broccoli, sunflower, radish, spicy mix, mild mix; ask for recipes and information about the nutritional power of microgreens

Kartal's Honey - pure, local honey. Introducing local honey into your diet can combat side effects from pollen and allergies

Like Mom's Only Vegan - homemade vegan cookies--chocolate

chip, black and white, peanut butter chip, and many others.

Michael Ja' Marinade - marinade good on chicken, beef, fish and vegetables; also grilled portobello mushroom sandwiches for sale

Mt. Kofinas Olive Oil - selection of olive oils and vinegars

Olde Garden Shack - green beans, pumpkins, mums, fall & winter squash, zucchini, peppers, eggplant, flowers

The Pickled Pig - pickles, sauerkraut, pickled beets, curried cauliflower, kimchi, kvass, smoky dog bones

Pies and Other Pleasures - pumpkin, blackberry, apple, pecan, cookies, hand pies, cinnamon rolls

Pine Lane Soaps - goat's milk soaps and lotions.

Probasco Urban Farm - locally-grown mushrooms

Rice Family Harvest - apple cider, apples, Brussels sprouts, cauliflower, greens, cantaloupes, spinach kale, eggplant, fall squash, tomatoes, peppers, zucchini

RLM Woodwork - cutting boards

Salatin's Orchard - apple cider, variety of apples, fall squash, sweet potatoes, cabbage, bittersweet

Summuh Hummus - varieties of homemade hummus you won't find in the store, including Magnus Mustummus blended with mustard--*not at market this week*

Thomas Ireland Smith Farm - maple syrup, maple sugar, maple candy, flavored maple syrups (*not this week*)

TS Farms - grass-fed chicken, beef, pork. And eggs. CSA still has availability! Inquire in person for details

Wittmeyer White Oak Farm - squash pizza crusts, hot banana pepper mustard, zucchini bread

Food Truck of the week: Creperie

Musician of the week: Musicians Jam with Elia Burkhart

Crafters: none this week

Business: The Growing Room Preschool

Friendly reminder: The Montgomery Farmers' Market Board reminds our dog-loving friends of their responsibility to keep dogs on a leash and maintain control of them at all times while visiting the Market. More than anything, we want to be sure that all of our visitors (2- and 4-legged!) and vendors have a safe and enjoyable time at the Market. We appreciate your cooperation and support. To share any questions or comments about the Market with the board, please email: montfarmersmkt@gmail.com

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