



## Montgomery Farmers' Market

August 21, 2015

Dear friend,

Our season is halfway done, but the best may be yet to come!

Our second MFM Cooking Challenge is only 4 weeks away! A spot or two are still up for grabs if you're up to compete! Email [mariandickinson1@gmail.com](mailto:mariandickinson1@gmail.com) for the official guidelines and application.

On October 3rd we will be hosting a new fundraising event with the help of two of our vendors. We don't want to give away all the surprises yet, but it will be delicious. The photo below is a due to who might be involved...

Stay tuned here and on [facebook](#) for more dues!

### *In This Issue*

Simple Rainbow Chard  
What to Look Forward To

Montgomery Farmers' Market  
Montgomery Elementary  
School  
Montgomery, Ohio 45242

Montgomery Farmers' Market  
Board



See you Saturday,

Montgomery Farmers' Market Board

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### Simple Rainbow Chard

With kale's rise in popularity, it's time to give some recognition to some lesser known greens. In most cases, when a recipe calls for kale, you can substitute with other greens.

Makes 2 servings

Ingredients

- 4 stalks of rainbow chard (or any large leafy green)
- 3-4 thin slices of red onion
- 2 tsp olive oil
- 2 tsp balsamic vinegar
- Salt and pepper

Instructions

1. Wash your greens and remove the tough center stems. Roughly chop into strips about 1 inch wide. Slice your red onion.
2. Heat the oil in a large skillet over medium heat. Add the onions and cook for 3-5 minutes. Add the chopped greens and stir with the onions. Cover the pan with a lid and let the greens steam for about 5-7 minutes, or until they have wilted and reduced in size. You will notice a substantial volume difference ([see photos](#)).
3. Add the balsamic vinegar, season with salt and pepper, and stir until well combined. Serve while hot.



## *What to Look Forward To*

Every week the market will feature many of our regular vendors along with a selection of rotating vendors. Click on links to learn more about each vendor.

### Our Regulars

[Angie's Malaysian Satay & Sauces](#)

[Bethel Lane Farms](#)

[Deeper Roots Coffee](#)

[Finn Meadows Farm](#)

[Frieda's Desserts](#)

[Grandola Granola](#)

[Kartal's Honey](#)

[La Soupe](#)

[Mt Kofinas Olive Oil](#)

[Olde Garden Shack](#)

[Owl Creek Bison](#)

[Pies and Other Pleasures -](#)

[homegrown and wild berry pies and peach pies are ready!](#)

[Pine Lane Soaps](#)

[Puffins Euro-American Street Food](#)

[Rice Family Harvest](#)

[Salatin's Orchard](#)

[Strreetpops](#)

[Summuh Hummus](#)

[That Foreign Chick's Bakery](#)

[TS Farms](#)

[Whittmeyer White Oak Farm](#)

This Week's Rotating

[Franciska Issaka](#)

**Business:** [Holmes Custom Renovation](#)

**Food Truck:** [Bones Burgers](#)

**Music:** [P's in a Pod](#)



**Friendly reminder:** The Montgomery Farmers' Market Board to take this opportunity to remind our dog-loving friends of their responsibility to keep dogs on a leash and maintain control of them at all times while visiting the Market. More than anything, we want to be sure that all of our visitors (2 and 4 legged!) and vendors have a safe and enjoyable time at the Market. We appreciate your cooperation and support. To share any questions or comments about the Market with the board, please email [montfarmersmkt@gmail.com](mailto:montfarmersmkt@gmail.com).