



Montgomery Farmers' Market

July 16, 2015

Dear friend,

Calling all home chefs: we need 3 amateur chefs to throw down in our second MFM Cooking Challenge! 1 hour, using only what you can find at the market (plus a few staples and a mystery ingredient). Prizes provided by Cookswares! It's happening September 19th. Drop us a note on at montfarmersmkt@gmail.com or on [facebook](#).

Coming up:

August 1: Kids' Taste-A-Thon

September 19: MFM Cooking Challenge! We need 3 amateur chefs!

Ever wonder how you can give back to your favorite farmers' market? We would love to have you volunteer with us! Complete our [online volunteer form](#) or visit the manager's booth to sign up!

See you Saturday,

Montgomery Farmers' Market Board

In This Issue

Sauteed Sweet Corn

What to Look Forward To

Montgomery Farmers' Market
Montgomery Elementary School
Montgomery, Ohio 45242

Montgomery Farmers' Market Board

Sauteed Sweet Corn

Try this easy side dish from the [Mayo Clinic](#) to make good use of fresh corn

Ingredients

- 1 tsp olive oil
- 1/2 cup prosciutto (or bacon)
- 4 ears of sweet corn (about 2 cups of kernels)
- 1 diced green bell pepper
- 1 tsp minced garlic

In a large skillet, heat 1 teaspoon olive oil over medium heat. Add 1/2 cup prosciutto cut into strips, and saute until the meat is crisp, about 5 minutes. Stir in 2 cups fresh or frozen corn kernels, 1 diced green bell pepper, and 1 teaspoon minced garlic. Saute, stirring occasionally, until the kernels are tender, 5 to 7 minutes. Serve immediately.



What to Look Forward To

Every week the market will feature many of our regular vendors along with a selection of rotating vendors. Click on links to learn more about each vendor.

Our Regulars

[Angie's Malaysian Satay & Sauces](#)

[Bethel Lane Farms](#)

[Deeper Roots Coffee](#)

[Finn Meadows Farm](#)

[Frieda's Desserts](#)

[Grandola Granola](#)

[Kartal's Honey](#)

[Mt Kofinas Olive Oil](#)

[Olde Garden Shack](#)

[Owl Creek Bison](#)

[Pies and Other Pleasures -](#)

[homegrown and wild berry pies and peach pies are ready!](#)

[Pine Lane Soaps](#)

[Puffins Euro American Street Food](#)

Pumms Euro-American Street Food

Rice Family Harvest

Salatin's Orchard

Summuh Hummus

That Foreign Chick's Bakery

TS Farms

Whittmeyer White Oak Farm

This Week's Rotating

Argos Pet Food

Franciska Issaka

Business: Career Development Partners

Food Truck: Kaimelsky's

Music: Green Key



Friendly reminder: The Montgomery Farmers' Market Board to take this opportunity to remind our dog-loving friends of their responsibility to keep dogs on a leash and maintain control of them at all times while visiting the Market. More than anything, we want to be sure that all of our visitors (2 and 4 legged!) and vendors have a safe and enjoyable time at the Market. We appreciate your cooperation and support. To share any questions or comments about the Market with the board, please email montfarmersmkt@gmail.com.