



**Montgomery Farmers' Market**  
Saturday October 19th; 9am - 12:30pm  
Montgomery Elementary School  
9609 Montgomery Road  
RAIN OR SHINE



Dear Montgomery Farmers' Market Patrons:

Only TWO more Saturdays until Season 4 of the Montgomery Farmer's Market comes to an end.

This week brings an opportunity for YOU, our beloved patrons, to make a real difference as we will be collecting canned goods and other items for **OPERATION GIVE BACK**.

In addition to the usual assortment of fall treats and market staples, we also welcome a new vendor, **Eagle Bend Alpacas and Fabulous Fibers**, who will be offering alpaca wool products just in time for the winter season!

Thanks for your support! We'll see you Saturday!!

Russ, Stuart, Marian, Christen, Brian, Armin, and Marc

**NOTE WORTHY EVENTS THIS WEEK:**



Prue, Piper, and Penny Pea

#### **CHILDREN'S ACTIVITY:**

This year MFM has some mascots - Penny, Prudence, and Penelope peas. Each week these three peas will be playing hide and seek at our market. Come to the Market Manager's Booth and let us know where to find each of them for a prize reward!

#### **YOU CAN MAKE A DIFFERENCE THIS**

##### **SATURDAY!**

This Saturday, the Montgomery Farmers' Market is helping with our city's "*Make A Difference Day*" by collecting food and supplies for a local non-profit that is changing young lives in our community. OPERATION GIVE BACK is an after-school program for Sycamore students, from grades 1 through 8. OGB tutors and mentors children and teaches life skills and self-sufficiency. Currently, they need the following for after-school snacks and personal care items: canned meats (chili, ravioli, beef stew); canned fruit; hot & cold cereal; condiments, spices, salad dressings; baking supplies (flour, sugar, corn meal); dried beans; rice & noodles; toothbrushes, toothpaste, deodorant, female products, etc. If you bring donations this Saturday, we will get them to Operation Give Back, and together, we can **MAKE A DIFFERENCE.**

##### **NEW VENDOR: EAGLE BEND ALPACAS and FABULOUS FIBERS**

The Montgomery Farmer's Market welcomes Eagle Bend Alpacas and Fabulous Fibers. Eagle Bend Alpacas and Fabulous Fiber are two alpaca producers bringing the wonderful world of alpaca fleece to Montgomery Farmers' Market

Eagle Bend Alpacas is owned and operated by Greg and Linda Salsbury located in Burlington, KY., a premier- full service tri-state alpaca farm for purchasing, breeding, boarding, fiber production, and retail store. A trip to the farm is truly a wonderful experience leaving one with vast knowledge of the fine fleece this unique animal has to offer.

Fabulous Fiber, alpaca yarns and apparel will bring to market some of the softest, finest yarns for knitting, scarves, socks and hand felted soaps. If one has ever worn a scarf or sweater made of Alpaca fleece you have known sheer luxury with extreme warmth and loads of comfort.

##### **MUSICIAN OF THE WEEK: Wild Forrest Blakkerri**

##### **FOOD TRUCK OF THE WEEK: Bones Burgers**

A favorite of Montgomery Farmer's Market patrons, Bones Burgers returns to serve up their burgers made by grass fed pastured cows, as well as those super tasty Sweet Potato fries!

##### **CRAFTER OF THE WEEK: Franciska Issaka**

Franciska brings back her beautiful baskets, where the proceeds support the mission of CENSUDI. CENSUDI's focus is gender equality in Ghana. The organization works to give women and girls of Ghana access to resources and education.

## SPECIAL BARKZ EVENT AT MARKET ON OCTOBER 26TH

Barkz Biscuit will have a professional photographer volunteering to take pictures of your dog in his/her Halloween costume. Customers who donate or bring needed supplies for the dog rescue charity Recyled Doggies will get a free DVD with photos of their pet burned onto it while they shop. All of the participants photos will be on Barkz Biscuit Bakery's Facebook page that evening and a winner will be chosen. The winner will receive a great basket full of Barkz treats, toys, a free photo session with the photographer and many more goodies!

[MED+ URGENT CARE](#) has graciously offered patrons of the Montgomery Farmers' Market who are in need of a potty break to come on in. They are located two doors down from the market at 9549 Montgomery Road. If you do use their facilities, please THANK THEM for their hospitality and be sure to turn to Med Plus when you or a member of your family needs urgent care.

## VENDOR NEWS (This week's features):

**Barkz Biscuit Bakery** - Barkz Biscuit Bakery will have a great selection of delicious treats for your doggie friends. All of our treats are made with all natural human grade ingredients and are GLUTEN, CORN & SOY FREE! \*\*No worries about recalled pet treats when you buy from our small, local business.\*\* We will have 4 flavors of our 5 inch treats, Bacon & Cheddar Growlerz, Pooches PB Delightz, Muttz Mintz and Mongrels Meat and Potatoes. We will also have a good supply of our very popular Doggie Bagz, small chunks of the 4 flavors, that are perfect for smaller dogs or training treats. We will have Sweet Potato Chewz (a healthy alternative to rawhide) and Pooches Pill Pouches (to help your pup enjoy taking his pills). As always, we will have a basket full of samples so your best friend can try them out before you buy them. So stop by our booth and pick up a Barkerz Dozen, your dog will thank you.

**Bethel Lane Farms** - Seasonal veggies offered throughout the season. Check with us each week. **This week's features:** Mustard greens, Turnip greens, Collards, Kale, Tomatoes, Green Beans, Black-eye Peas, Swiss chard, Black Beans, and Jalapenos. Spices of the week: "Spice Up a Fowl Weather Day" Poultry Blend, "Pumpkin Pie" Spice, and "Sweet Potato" Blend for the holiday. Homemade Cranberry Apple Butter and Pumpkin Butter are here. Bethel Lane Farms Cookbook "Farmhouse Feasts in a Land Called Bethel" on sale.

**Deeper Roots Coffee** - Locally roasted premium coffee beans. Fresh coffee by the cup and a variety of teas. Ask about our work for the development of coffee farmers around the world.

**Finn Meadows Farm** - **This week's features:** We'll have beets, romaine, peppers, beans, kale, heirloom apples, and some beautiful greens for salad - mizuna, arugula, lettuce, Asian greens. Thanks for your

support! - Marc & Claire.

Frieda's Desserts - Breads: 9-grain, baguettes, cinnamon swirl, country butter, honey and whole wheat, Irish soda, miche, almond, plain, and chocolate croissants, scones, cinnamon rolls, fruit pies, porcupine butter rolls, and pretzels.

Front Porch Jams - Jams and jellies; Homemade in small batches from homegrown and local fruit when possible. **This week's feature:** Sweet and spicy apple butter; Cinnamon apple preserves.

Good Life Farm - **We are done for this season. We appreciate your support and can't wait to see you in May 2014!**

Haute Chocolate - Montgomery's own chocolate boutique featuring "Lisa's brownies," peanut butter buckeyes, chocolate chip, and black and white cookies, and special seasonal treats.

Kartal's Honey - Raw unfiltered Ohio Honey. Basswood Alfalfa and Tulip Poplar Mix with fruit blossom from orchards.

Living Good Granola - Handcrafted granola from the Montgomery kitchen of Paula Livingston, made with gluten free oats, toasted coconut, pecans, pumpkin seeds, sunflower seeds, olive oil, and pure maple syrup. Wholesome and nutritious, it's great as a cereal, snack, on yogurt, and on ice cream. Living Good Granola - fuel for life!

Mt Kofina's Olive Oil - Olive oil from a local family's land in Greece, finished and sold from their shop in Montgomery. Also infused and flavored olive oils. Extra virgin cold press olive oil; Infused olive oil made from the same extra virgin first cold press (4 flavors: mediterranean, citrus, chipotle, and basil); Dipping spice blends (mediterranean and southern blends).

My Artisan Foods - Fresh handmade artisan cheeses. **This week's features:** Cheeses made with 2% cow milk (vegetarian) - Paisano cheese, Herbed paisano cheese with flavors of chipotle, oregano, cilantro. Mediterranean and mediterranean spread cheese, Nata. Cheese made with whole cow milk - Hand stretched cheese for Caprese salad. We now have European style Yogurt; naturally made with low fat milk and probiotics. No starch or emulsifiers. Flavors are plain, honey and guava. We also have our store open all year round at 10965 Reading Rd. Cincinnati, OH 45241. Visit our website, [myartisanfoods.com](http://myartisanfoods.com) and facebook for store hours. Thank you very much for all your support!

Naturally Yours - Organic baked goods: cookies, muffins, bars, and quick breads. Always at least one vegan product each week. **This week's features:** Lemon coconut bars!

Olde Garden Shack - **This week's features:** We will have hardy mums,

pumpkins, gourds, melons, sweet corn, zucchini, squash, cucumber, broccoli, peppers, cabbage, eggplant, tomatoes, green beans, half runners, cut flowers and green onions.

**Patrizia's Italian Kitchen** - This week La Cucina della Patrizia will offer a LI Ravioli con Zucca (acorn squash) and La torta della nonna. These rare ravioli are traditional in Italy only in the fall. The Torta della Nonna is a Italian dessert is made with Fresh Ricotta Cheese which is made by My Artisano Foods and Pine Nuts. Polenta Pasticciata for those searching GLUTEN FREE dishes.

In addition to many other genuine Italian foods there will be Le lasagne con Carne (with Meat). There will also be a Tiramisu (for that fall pick me up) made of Savoirdi biscuits dipped in the espresso coffee from La Terza and layered with a freshly made mascarpone cheese made by MY ARTISANO CHEESES, then dusted with cacao powder, (chocolate). This product is made by Patrizia with her unique recipe in the kitchen of My Artisano Foods in collaboration with Eduardo, special thanks to Chuck for providing the best espresso coffee outside of Italy, which is an essential ingredient of this dessert. COME AND TASTE. it is 'eccezionale' Ci vediamo al mercato Montgomery Sabato mattina Ciao Ciao Patrizia & Joseph

**Pies and Other Pleasures** - **This week's feature:** We will have Apple Orchard Apple Pies this week. Pumpkin season is here and so are our Pumpkin Pies.

**Pine Lane Soaps** - We offer all natural goat milk soap & lotions made with goat milk fresh from our farm. There are lots of scents and options. The soap is an old-fashioned lye soap made using the "cold process", leaving a rich and moisturizing bar with natural glycerin. We also have lotion, lip balm, shea butter lotion bars & fresh maple syrup. **This week's features:** We now have a full selection of holiday soaps. Choose from Victorian Christmas, Sleigh Ride, Cinnamon Roll, Cranberry or Hollyberry, as well as our usual soaps. At only \$4 or 6 for \$20, these beautifully wrapped soaps make great little gifts or stocking stuffers.

**Rice Harvest Farm** - **This week's features:** We will have our own apple cider on Saturday. We run through UV light but we do not pasteurize or add preservatives .....and its goooooood! We will also have caramel apple bowls along with some tasting of our apple butter again this week.

**Salatin's Orchard** - Fruits and vegetables, fresh cut flowers, apple butter and other apple products. **This week's features:** Red, yellow, and pink tomatoes; gourmet salad tomatoes, many varieties of apples, fall squash, pears, and apple cider!

**Summuh Hummus** - Artisan-made hummus from organic ingredients, local and fresh whenever possible, in new, creative flavors as well as

traditional ones.

**Too Sweet Girls Cupcakes** - Home baked cupcakes with no preservatives. **This week's features:** Chocolate, vanilla, banana, maple bacon and now "The Elvis" cupcake (banana with peanut butter buttercream) and gluten-free.

**TS Farms** - Organically raised beef, pork, chicken, lamb, goat, duck, rabbit and turkey in all cuts. Organically raised brown and blue chicken eggs, and duck eggs. Dip and bread mixes. Jam, jellies, marmalades and preserves. We have fresh, never frozen, chicken! **We accept all credit and debit cards as well as the SNAP / Ohio Direction ebt card. Taking orders for fresh never frozen Thanksgiving Turkeys!**

**Wittmeyer White Oak Farm** - **This week's features:** Summer squash pizza crusts, hot banana pepper mustard, and eggplant pizza crust!

Montgomery Farmers' Market |  
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