



Montgomery Farmers' Market
Saturday October 26th; 9am - 12:30pm
Montgomery Elementary School
9609 Montgomery Road
RAIN OR SHINE



Dear Montgomery Farmers' Market Patrons:

This Saturday marks the final day of the 2013 Montgomery Farmer's Market season. This 4th season has been our best by far and it is thanks to our fantastic vendors, our all volunteer board of directors, our sponsors, our incredibly dedicated market manager, and YOU.

This past season we introduced a new market layout, a food truck of the week, special events like our first ever Iron Chef competition, and increased the diversity of vendors. We hope to continue to build upon this success next year, our 5th season.

We are in need of additional board members, so if you have liked what you've seen at the market and want to be a part of this amazing journey, please let us know by contacting Stuart Zanger (zanger@aol.com) with your interest.

Remember this Saturday, as we get closer to the annual holiday of Thanksgiving, to shake the hands and give thanks to the vendors who have worked so hard this season to bring to you the best products

that represent the best of themselves.

Thanks for your support! We'll see you Saturday!!

Russ, Stuart, Marian, Christen, Brian, Armin, and Marc

NOTE WORTHY EVENTS THIS WEEK:



Prue, Piper, and Penny Pea

CHILDREN'S ACTIVITY:

This year MFM has some mascots - Penny, Prudence, and Penelope peas. Each week these three peas will be playing hide and seek at our market. Come to the Market Manager's Booth and let us know where to find each of them for a prize reward!

SPECIAL BARKZ EVENT AT MARKET

Barkz Biscuit will have a professional photographer volunteering to take pictures of your dog in his/her Halloween costume. Customers who donate or bring needed supplies for the dog rescue charity Recyled Doggies will get a free DVD with photos of their pet burned onto it while they shop. All of the participants photos will be on Barkz Biscuit Bakery's Facebook page that evening and a winner will be chosen. The winner will receive a great basket full of Barkz treats, toys, a free photo session with the photographer and many more goodies!

NEW VENDOR: EAGLE BEND ALPACAS and FABULOUS FIBERS

The Montgomery Farmer's Market welcomes Eagle Bend Alpacas and Fabulous Fibers. Eagle Bend Alpacas and Fabulous Fiber are two alpaca producers bringing the wonderful world of alpaca fleece to Montgomery Farmers' Market

Eagle Bend Alpacas is owned and operated by Greg and Linda Salsbury located in Burlington, KY., a premier- full service tri-state alpaca farm for purchasing, breeding, boarding, fiber production, and retail store. A trip to the farm is truly a wonderful experience leaving one with vast knowledge of the fine fleece this unique animal has to offer.

Fabulous Fiber, alpaca yarns and apparel will bring to market some of the softest, finest yarns for knitting, scarves, socks and hand felted soaps. If one has ever worn a scarf or sweater made of Alpaca fleece you have known sheer luxury with extreme warmth and loads of comfort.

MUSICIAN OF THE WEEK: Chris Thatcher

FOOD TRUCK OF THE WEEK: EAT

EAT! is a new food truck in the Greater Cincinnati area specializing in Contemporary Casual Dining. A food truck with a finer dining twist. Comfort foods and modern classics. Most food trucks have theme or niche, you have taco trucks, burrito trucks, pizza trucks etc. EAT! will fill a niche for great food with panache on the go. Like most restaurants and entities these days, EAT! will focus on fresh,

seasonal, and local foods and products whenever possible.

CRAFTER OF THE WEEK: Franciska Issaka

Franciska brings back her beautiful baskets, where the proceeds support the mission of CENSUDI. CENSUDI's focus is gender equality in Ghana. The organization works to give women and girls of Ghana access to resources and education.

[MED+ URGENT CARE](#) has graciously offered patrons of the Montgomery Farmers' Market who are in need of a potty break to come on in. They are located two doors down from the market at 9549 Montgomery Road. If you do use their facilities, please THANK THEM for their hospitality and be sure to turn to Med Plus when you or a member of your family needs urgent care.

VENDOR NEWS (This week's features):

Barkz Biscuit Bakery - This week: SEE SPECIAL EVENT DESCRIBED IN NOTEWORTHY EVENTS SECTION ABOVE! Barkz Biscuit Bakery will have a great selection of delicious treats for your doggie friends. All of our treats are made with all natural human grade ingredients and are GLUTEN, CORN & SOY FREE! **No worries about recalled pet treats when you buy from our small, local business.** We will have 4 flavors of our 5 inch treats, Bacon & Cheddar Growlerz, Pooches PB Delightz, Muttz Mintz and Mongrels Meat and Potatoes. We will also have a good supply of our very popular Doggie Bagz, small chunks of the 4 flavors, that are perfect for smaller dogs or training treats. We will have Sweet Potato Chewz (a healthy alternative to rawhide) and Pooches Pill Pouches (to help your pup enjoy taking his pills). As always, we will have a basket full of samples so your best friend can try them out before you buy them. So stop by our booth and pick up a Barkerz Dozen, your dog will thank you.

Bethel Lane Farms - Seasonal veggies offered throughout the season. Check with us each week. **This week's features:** Mustard greens, Turnip greens, Collards, Kale, Tomatoes, Green Beans, Black-eye Peas, Swiss chard, Black Beans, and Jalapenos. Spices of the week: "Spice Up a Fowl Weather Day" Poultry Blend, "Pumpkin Pie" Spice, and "Sweet Potato" Blend for the holiday. Homemade Cranberry Apple Butter and Pumpkin Butter are here. Bethel Lane Farms Cookbook "Farmhouse Feasts in a Land Called Bethel" on sale.

Deeper Roots Coffee - Locally roasted premium coffee beans. Fresh coffee by the cup and a variety of teas. Ask about our work for the development of coffee farmers around the world.

Finn Meadows Farm - This week's features: We'll have beets, romaine, peppers, beans, kale, heirloom apples, and some beautiful greens for salad - mizuna, arugula, lettuce, Asian greens. Thanks for your support! - Marc & Claire.

Frieda's Desserts - Breads: 9-grain, baguettes, cinnamon swirl, country butter, honey and whole wheat, Irish soda, miche, almond, plain, and chocolate croissants, scones, cinnamon rolls, fruit pies, porcupine butter rolls, and pretzels.

Front Porch Jams - Jams and jellies; Homemade in small batches from homegrown and local fruit when possible. **This week's feature:** Sweet and spicy apple butter; Cinnamon apple preserves.

Good Life Farm - **We are done for this season. We appreciate your support and can't wait to see you in May 2014!**

Haute Chocolate - **We are done for this season. We appreciate your support!**

Kartal's Honey - Raw unfiltered Ohio Honey. Basswood Alfalfa and Tulip Poplar Mix with fruit blossom from orchards.

Living Good Granola - Handcrafted granola from the Montgomery kitchen of Paula Livingston, made with gluten free oats, toasted coconut, pecans, pumpkin seeds, sunflower seeds, olive oil, and pure maple syrup. Wholesome and nutritious, it's great as a cereal, snack, on yogurt, and on ice cream. Living Good Granola - fuel for life!

Mt Kofina's Olive Oil - **During the market offseason, please visit our Montgomery store location (8210 Market Place Lane) open on Saturdays from 10-3, Tues/Thurs 11-6.** Olive oil from a local family's land in Greece, finished and sold from their shop in Montgomery. Also infused and flavored olive oils. Extra virgin cold press olive oil; Infused olive oil made from the same extra virgin first cold press (4 flavors: mediterranean, citrus, chipotle, and basil); Dipping spice blends (mediterranean and southern blends).

My Artisan Foods - Fresh handmade artisan cheeses. **This week's features:** Cheeses made with 2% cow milk (vegetarian) - Paisano cheese, Herbed paisano cheese with flavors of chipotle, oregano, cilantro. Mediterranean and mediterranean spread cheese, Nata. Cheese made with whole cow milk - Hand stretched cheese for Caprese salad. We now have European style Yogurt; naturally made with low fat milk and probiotics. No starch or emulsifiers. Flavors are plain, honey and guava. We also have our store open all year round at 10965 Reading Rd. Cincinnati, OH 45241. Visit our website, myartisanfoods.com and facebook for store hours. Thank you very much for all your support!

Naturally Yours - Organic baked goods: cookies, muffins, bars, and quick breads. Always at least one vegan product each week. **This week's features:** Lemon coconut bars!

Olde Garden Shack - **This week's features:** We will have hardy mums, pumpkins, gourds, melons, sweet corn, zucchini, squash, cucumber,

broccoli, peppers, cabbage, eggplant, tomatoes, green beans, half runners, cut flowers and green onions.

Patrizia's Italian Kitchen - This week La Cucina della Patrizia will offer a LI Ravioli con Zucca (acorn squash) and La torta della nonna. These rare ravioli are traditional in Italy only in the fall. The Torta della Nonna is an Italian dessert made with Fresh Ricotta Cheese which is made by My Artisano Foods and Pine Nuts. Polenta Pasticciata for those searching GLUTEN FREE dishes.

In addition to many other genuine Italian foods there will be Le lasagne con Carne (with Meat). There will also be a Tiramisu (for that fall pick me up) made of Savoiardi biscuits dipped in the espresso coffee from La Terza and layered with a freshly made mascarpone cheese made by MY ARTISANO CHEESES, then dusted with cacao powder, (chocolate). This product is made by Patrizia with her unique recipe in the kitchen of My Artisano Foods in collaboration with Eduardo, special thanks to Chuck for providing the best espresso coffee outside of Italy, which is an essential ingredient of this dessert. COME AND TASTE. it is 'eccezionale' Ci vediamo al mercato Montgomery Sabato mattina Ciao Ciao Patrizia & Joseph

Pies and Other Pleasures - **This week's feature:** The late variety apples have been picked before the frost sets in. For our final week of market we will offer an amazing Black Twig Winesap double crust Apple Pie and a winter Keeper Granny Smith Dutch Apple Pie. The last of the pumpkins are being plucked from the vine and I (Natalie) will bring them freshly roasted in Pumpkin Pies. These can even be stored for later use in your freezer. Thanks for all your support this year.

Pine Lane Soaps - We offer all natural goat milk soap & lotions made with goat milk fresh from our farm. There are lots of scents and options. The soap is an old-fashioned lye soap made using the "cold process", leaving a rich and moisturizing bar with natural glycerin. We also have lotion, lip balm, shea butter lotion bars & fresh maple syrup. **This week's features:** We now have a full selection of holiday soaps. Choose from Victorian Christmas, Sleigh Ride, Cinnamon Roll, Cranberry or Hollyberry, as well as our usual soaps. At only \$4 or 6 for \$20, these beautifully wrapped soaps make great little gifts or stocking stuffers.

Rice Harvest Farm - **This week's features:** We will have our own apple cider on Saturday. We run through UV light but we do not pasteurize or add preservativesand its goooooood! We will also have caramel apple bowls along with some tasting of our apple butter again this week.

Salatin's Orchard - Fruits and vegetables, fresh cut flowers, apple butter and other apple products. **This week's features:** Red, yellow, and pink tomatoes; gourmet salad tomatoes, many varieties of apples, fall squash, pears, and apple cider!

Summuh Hummus - Artisan-made hummus from organic ingredients, local and fresh whenever possible, in new, creative flavors as well as traditional ones.

Too Sweet Girls Cupcakes - Home baked cupcakes with no preservatives. **This week's features:** Chocolate, vanilla, banana, maple bacon and now "The Elvis" cupcake (banana with peanut butter buttercream) and gluten-free.

TS Farms - Organically raised beef, pork, chicken, lamb, goat, duck, rabbit and turkey in all cuts. Organically raised brown and blue chicken eggs, and duck eggs. Dip and bread mixes. Jam, jellies, marmalades and preserves. We have fresh, never frozen, chicken! **We accept all credit and debit cards as well as the SNAP / Ohio Direction ebt card. Taking orders for fresh never frozen Thanksgiving Turkeys!**

Wittmeyer White Oak Farm - **We are done for the season. Thank you for your support!**

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<http://mongtomeryfarmersmarket.org>
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