



**Montgomery Farmers' Market**  
Saturday October 5th; 9am - 12:30pm  
Montgomery Elementary School  
9609 Montgomery Road  
RAIN OR SHINE



Dear Montgomery Farmers' Market Patrons:

It's October, which means leaves are changing color and starting to fall from the trees. It also means apple cider, apple butter, pumpkins, mums, and other tasty treats that can be found at the farmer's market this Saturday.

Thanks for your support! We'll see you Saturday!!

Russ, Stuart, Marian, Christen, Brian, Armin, and Marc

### NOTEWORTHY EVENTS THIS WEEK:



#### **CHILDREN'S ACTIVITY:**

This year MFM has some mascots - Penny, Prudence, and Penelope peas. Each week these three peas will be playing hide and seek at our market. Come to the Market Manager's Booth and let us know where to find each of them for a prize reward!

Prue, Piper, and Penny Pea

## **MUSICIAN OF THE WEEK: Blue Caboose**

## **FOOD TRUCK OF THE WEEK: C'est Cheese**

There are few things as American as a Grilled Cheese sandwich and no one does it better than C'est Cheese. Come try their famous Bee Sting grilled cheese that includes honey and basil.

## **CRAFTERS OF THE WEEK:**

### **Carmen Dora (back for a second straight week)**

Handmade one of a kind items with funky flair! Sweater bags and purses from up cycled sweaters. As well as other artistic handmade items. I also take custom orders!

### **Franciska Issaka**

Franciska brings back her beautiful baskets, where the proceeds support the mission of CENSUDI. CENSUDI's focus is gender equality. The organization works to give women and girls access to resources and education. They also work to eliminate traditional practices that are harmful to women.

## **EVENT: Worm Composting**

Expert Steve Rock comes to the Montgomery Farmer's Market this week to demonstrate worm composting and answer any questions you may have.

[MED+ URGENT CARE](#) has graciously offered patrons of the Montgomery Farmers' Market who are in need of a potty break to come on in. They are located two doors down from the market at 9549 Montgomery Road. If you do use their facilities, please THANK THEM for their hospitality and be sure to turn to Med Plus when you or a member of your family needs urgent care!

## **VENDOR NEWS (This week's features):**

**Vendors NOT present at market this week are: Goodlife, Too Sweet Girl's Cupcakes, Pies and Other Pleasures, Wittmeyer White Oak Farm**

[Barkz Biscuit Bakery](#) - Barkz Biscuit Bakery will have a great selection of delicious treats for your doggie friends. All of our treats are made with all natural human grade ingredients and are GLUTEN, CORN & SOY FREE! \*\*No worries about recalled pet treats when you buy from our small, local business.\*\* We will have 4 flavors of our 5 inch treats, Bacon & Cheddar Growlerz, Pooches PB Delightz, Muttz Mintz and Mongrels Meat and Potatoes. We will also have a good supply of our very popular Doggie Bagz, small chunks of the 4 flavors, that are perfect for smaller dogs or training treats. We will have Sweet Potato Chewz (a healthy alternative to rawhide) and Pooches Pill Pouches (to help your pup enjoy taking his pills). As always, we will

have a basket full of samples so your best friend can try them out before you buy them. So stop by our booth and pick up a Barkerz Dozen, your dog will thank you.

**Bethel Lane Farms** - Seasonal veggies offered throughout the season. Check with us each week. **This week's features:** Kale, Tomatoes, Okra, Bell Peppers, Sweet Italian Peppers, Green Beans, Collards, Swiss chard and Jalapenos. Collards, Swiss chard and Peppers can be ordered bagged and ready for cooking or freezing. Just ask Deborah. Sage, Sweet/Lemon Basil and Greek/Lemon Thyme are available - place your orders each Saturday. Dried Lavender in sachets or bags for crafts is available. Spices of the week: Bruschetta and Gourmet peppers including Lemon, Garlic and 6 Blend. BLF Cranberry Apple Butter is available. Bethel Lane Farms Cookbook "Farmhouse Feasts in a Land Called Bethel" in a denim bag makes a very nice gift.

**Deeper Roots Coffee** - Locally roasted premium coffee beans. Fresh coffee by the cup and a variety of teas. Ask about our work for the development of coffee farmers around the world. Each week in July we will be releasing new coffee offerings. **This week** we will have a Brazil coffee tasting series. Thanks for your support!!

**Finn Meadows Farm** - **This week's features:** We'll have beets, romaine, peppers, beans, kale, heirloom apples, and some beautiful greens for salad - mizuna, arugula, lettuce, Asian greens. Thanks for your support! - Marc & Claire.

**Frieda's Desserts** - Breads: 9-grain, baguettes, cinnamon swirl, country butter, honey and whole wheat, Irish soda, miche, almond, plain, and chocolate croissants, scones, cinnamon rolls, fruit pies, porcupine butter rolls, and pretzels.

**Front Porch Jams** - Jams and jellies; Homemade in small batches from homegrown and local fruit when possible. **This week's feature:** Sweet and spicy apple butter; Cinnamon apple preserves.

**Good Life Farm** - **We are finished for this season. Thanks so much for your support and we will see you in May 2014.**

**Haute Chocolate** - Montgomery's own chocolate boutique featuring "Lisa's brownies," peanut butter buckeyes, chocolate chip, and black and white cookies, and special seasonal treats.

**Kartal's Honey** - Raw unfiltered Ohio Honey. Basswood Alfalfa and Tulip Poplar Mix with fruit blossom from orchards.

**Living Good Granola** - Handcrafted granola from the Montgomery kitchen of Paula Livingston, made with gluten free oats, toasted coconut, pecans, pumpkin seeds, sunflower seeds, olive oil, and pure maple syrup. Wholesome and nutritious, it's great as a cereal, snack, on yogurt, and on ice cream. Living Good Granola - fuel for life!

**Mt Kofina's Olive Oil** - Olive oil from a local family's land in Greece, finished and sold from their shop in Montgomery. Also infused and flavored olive oils. Extra virgin cold press olive oil; Infused olive oil made from the same extra virgin first cold press (4 flavors: mediterranean, citrus, chipotle, and basil); Dipping spice blends (mediterranean and southern blends).

**My Artisano Foods** - Fresh handmade artisan cheeses. ***This week's features:*** Cheeses made with 2% cow milk (vegetarian) - Paisano cheese, Herbed paisano cheese with flavors of chipotle, oregano, cilantro. Mediterranean and mediterranean spread cheese, Nata. Cheese made with whole cow milk - Hand stretched cheese for Caprese salad.

**Naturally Yours** - Organic baked goods: cookies, muffins, bars, and quick breads. Always at least one vegan product each week. ***This week's features:*** Lemon coconut bars!

**Olde Garden Shack** - Fruits and vegetables, fresh cut flowers, and designer hanging baskets. Flowering annuals and perennials. ***This week's features:*** We will have hardy mums, more and more great melons, sweet corn, zucchini, squash, cucumber, broccoli, peppers, cabbage, eggplant, tomatoes, green beans, half runners, cut flowers and green onions.

**Patrizia's Italian Kitchen** - This week La Cucina della Patrizia will offer a LI Ravioli con Zucca (acorn squash) and La torta della nonna. These rare ravioli are traditional in Italy only in the fall. The Torta della Nonna is an Italian dessert made with Fresh Ricotta Cheese which is made by My Artisano Foods and Pine Nuts. Polenta Pasticciata for those searching GLUTEN FREE dishes.

In addition to many other genuine Italian foods there will be Le lasagne con Carne (with Meat). There will also be a Tiramisu (for that fall pick me up) made of Savoiardi biscuits dipped in the espresso coffee from La Terza and layered with a freshly made mascarpone cheese made by MY ARTISANO CHEESES, then dusted with cacao powder, (chocolate). This product is made by Patrizia with her unique recipe in the kitchen of My Artisano Foods in collaboration with Eduardo, special thanks to Chuck for providing the best espresso coffee outside of Italy, which is an essential ingredient of this dessert. COME AND TASTE. it is 'eccezionale' Ci vediamo al mercato Montgomery Sabato mattina Ciao Ciao Patrizia & Joseph

**Pies and Other Pleasures** - We will not be at market this week.

**Pine Lane Soaps** - We offer all natural goat milk soap & lotions made with goat milk fresh from our farm. There are lots of scents and options. The soap is an old-fashioned lye soap made using the "cold process", leaving a rich and moisturizing bar with natural glycerin. We

also have lotion, lip balm, shea butter lotion bars & fresh maple syrup. **This week's features:** We now offer beer soaps. We have Oatmeal Stout and Raspberry Porter, both made from Oatmeal Stout Beer from our friends at Mt. Carmel Brewery.

**Rice Harvest Farm** - **This week's features:** We will have our own apple cider on Saturday. We run through UV light but we do not pasteurize or add preservatives .....and its goooooood! Also in addition to the Cortlands, Cripps Pink, Rambo, and Ginger Gold we will have Mutzu apples and some MacIntosh. We will have caramel apple bowls along with tasting of our apple butter.

**Salatin's Orchard** - Fruits and vegetables, fresh cut flowers, apple butter and other apple products. **This week's features:** Red, yellow, and pink tomatoes; gourmet salad tomatoes, many varieties of apples, fall squash, pears, and apple cider!

**Summuh Hummus** - Artisan-made hummus from organic ingredients, local and fresh whenever possible, in new, creative flavors as well as traditional ones.

**Too Sweet Girls Cupcakes** - We will not be at market this week

**TS Farms** - Organically raised beef, pork, chicken, lamb, goat, duck, rabbit and turkey in all cuts. Organically raised brown and blue chicken eggs, and duck eggs. Dip and bread mixes. Jam, jellies, marmalades and preserves. We have fresh, never frozen, chicken! We accept all credit and debit cards as well as the SNAP / Ohio Direction ebt card. Taking orders for fresh never frozen Thanksgiving Turkeys!

**Wittmeyer White Oak Farm** - We will not be at market this Saturday, October 5, but will return next week with summer squash pizza crusts, hot banana pepper mustard, and eggplant pizza crust!

Montgomery Farmers' Market |  
[zanger@aol.com](mailto:zanger@aol.com)  
<http://mongtomeryfarmersmarket.org>  
Montgomery Elementary School  
parking lot  
9609 Montgomery Rd  
Montgomery, OH 45242