



Montgomery Farmers' Market
Saturday September 21st; 9am - 12:30pm
Montgomery Elementary School
9609 Montgomery Road
RAIN OR SHINE



Dear Montgomery Farmers' Market Patrons:

Saturday is the first day of fall. Come get fall goodies such as apple cider, pumpkin pie, and squash pizza crust amongst many other items.

And bring your knives, as our amazing partner Cooks'Wares will be holding a knife sharpening event with all proceeds going to a great charity!

Thanks for your support! We'll see you Saturday!!

Russ, Stuart, Marian, Christen, Brian, Armin, and Marc

KNOTE WORTHY EVENTS THIS WEEK:

CHILDREN'S ACTIVITY:

This year MFM has some mascots - Penny, Prudence, and Penelope peas. Each week these three peas will be playing hide and seek at our market. Come to the Market Manager's Booth and let us know where to



Prue, Piper, and Penny Pea

find each of them for a prize reward!

KNIFE SHARPENING

Bring your knives to the Montgomery Farmer's Market this week for a sharpening! Cooks'Wares will kindly sharpen your knives for a \$3 donation per knife with all proceeds going to Cincinnati Cooks, a program of the

Free Store Food Bank. Give some love to Cooks'Wares and visit them at 11344 Montgomery Road or their website: [Cooks'Wares](#).

Cooks'Wares sells all kinds of kitchen gadgets and offers many fantastic cooking classes.

MUSICIAN OF THE WEEK: Wild Forrest Blakkerri returns!

BUSINESS OF THE WEEK: Kayla's Posh Pets

FOOD TRUCK OF THE WEEK: Bones Burgers

Burgers made from grass fed pastured beef and those incredibly yummy fries!!

CRAFTER OF THE WEEK: Jewelry by Samantha

In Need of a Bathroom break?

[MED+ URGENT CARE](#) has graciously offered patrons of the Montgomery Farmers' Market who are in need of a potty break to come on in. They are located two doors down from the market at 9549 Montgomery Road. If you do use their facilities, please THANK THEM for their hospitality and be sure to turn to Med Plus when you or a member of your family needs urgent care!

VENDOR NEWS (This week's features):

Barkz Biscuit Bakery - This week, Barkz Biscuit Bakery will have a great selection of delicious treats for your doggie friends. All of our treats are made with all natural human grade ingredients and are GLUTEN, CORN & SOY FREE! **No worries about recalled pet treats when you buy from our small, local business.** We will have 4 flavors of our 5 inch treats, Bacon & Cheddar Growlerz, Pooches PB Delightz, Muttz Mintz and Mongrels Meat and Potatoes. We will also have a good supply of our very popular Doggie Bagz, small chunks of the 4 flavors, that are perfect for smaller dogs or training treats. We will have Sweet Potato Chewz (a healthy alternative to rawhide) and Pooches Pill Pouches (to help your pup enjoy taking his pills). As always, we will have a basket full of samples so your best friend can try them out before you buy them. So stop by our booth and pick up a Barkerz Dozen, your dog will thank you.

Bethel Lane Farms - Seasonal veggies offered throughout the season. Check with us each week. **This week's features:** Concord Grapes, Lettuce, Kale, Tomatoes, Okra, Green Beans, Swiss chard and Jalapenos. Collards, Okra, Swiss chard and Peppers can be ordered bagged and ready for cooking or freezing. Just ask Deborah. Sage, Sweet/Lemon Basil and Greek/Lemon Thyme are available - place your orders each Saturday. Spices of the week: Salsa/Chipotle Salsa Mixes and Bruschetta. BLF Cranberry Apple Butter is available. Bethel Lane Farms Cookbook "Farmhouse Feasts in a Land Called Bethel" in a denim bag makes a very nice gift.

Deeper Roots Coffee - Locally roasted premium coffee beans. Fresh coffee by the cup and a variety of teas. Ask about our work for the development of coffee farmers around the world. Each week in July we will be releasing new coffee offerings. **This week** we will have a Brazil coffee tasting series. Thanks for your support!!

Finn Meadows Farm - **This week's features:** We will have potatoes, onions, garlic, bouquet flowers, greens, swiss chard, basil, green beans, as well as possibly corn and lettuce. Thanks for your support! - Marc & Claire.

Frieda's Desserts - Breads: 9-grain, baguettes, cinnamon swirl, country butter, honey and whole wheat, Irish soda, miche, almond, plain, and chocolate croissants, scones, cinnamon rolls, fruit pies, porcupine butter rolls, and pretzels.

Front Porch Jams - Jams and jellies; Homemade in small batches from homegrown and local fruit when possible. **This week's feature:** Sweet and spicy apple butter; Cinnamon apple preserves.

Good Life Farm - **This week's features:** Green beans, chard, cucumbers, eggplant, okra and fall squash. We will also have lettuce, greens & arugula.

Haute Chocolate - Montgomery's own chocolate boutique featuring "Lisa's brownies," peanut butter buckeyes, chocolate chip, and black and white cookies, and special seasonal treats.

Kartal's Honey - Raw unfiltered Ohio Honey. Basswood Alfalfa and Tulip Poplar Mix with fruit blossom from orchards.

Living Good Granola - Handcrafted granola from the Montgomery kitchen of Paula Livingston, made with gluten free oats, toasted coconut, pecans, pumpkin seeds, sunflower seeds, olive oil, and pure maple syrup. Wholesome and nutritious, it's great as a cereal, snack, on yogurt, and on ice cream. Living Good Granola - fuel for life!

Mt Kofina's Olive Oil - Olive oil from a local family's land in Greece, finished and sold from their shop in Montgomery. Also infused and

flavored olive oils. Extra virgin cold press olive oil; Infused olive oil made from the same extra virgin first cold press (4 flavors: mediterranean, citrus, chipotle, and basil); Dipping spice blends (mediterranean and southern blends).

My Artisano Foods - Fresh handmade artisan cheeses. ***This week's features:*** Cheeses made with 2% cow milk (vegetarian) - Paisano cheese, Herbed paisano cheese with flavors of chipotle, oregano, cilantro. Mediterranean and mediterranean spread cheese, Nata. Cheese made with whole cow milk - Hand stretched cheese for Caprese salad.

Naturally Yours - Organic baked goods: cookies, muffins, bars, and quick breads. Always at least one vegan product each week. ***This week's features:*** Lemon coconut bars!

Olde Garden Shack - Fruits and vegetables, fresh cut flowers, and designer hanging baskets. Flowering annuals and perennials. ***This week's features:*** We will have hardy mums, more and more great melons, sweet corn, zucchini, squash, cucumber, broccoli, peppers, cabbage, eggplant, tomatoes, green beans, half runners, cut flowers and green onions.

Patrizia's Italian Kitchen - This week La Cucina della Patrizia will offer a LI Ravioli con Zucca (acorn squash) and La torta della nonna. These rare ravioli are traditional in Italy only in the fall. The Torta della Nonna is a Italian dessert is made with Fresh Ricotta Cheese which is made by My Artisano Foods and Pine Nuts. Polenta Pasticciata for those searching GLUTEN FREE dishes.

In addition to many other genuine Italian foods there will be Le lasagne con Carne (with Meat). There will also be a Tiramisu (for that fall pick me up) made of Savoiardi biscuits dipped in the espresso coffee from La Terza and layered with a freshly made mascarpone cheese made by MY ARTISANO CHEESES, then dusted with cacao powder, (chocolate). This product is made by Patrizia with her unique recipe in the kitchen of My Artisano Foods in collaboration with Eduardo, special thanks to Chuck for providing the best espresso coffee outside of Italy, which is an essential ingredient of this dessert. COME AND TASTE. it is 'eccezionale' Ci vediamo al mercato Montgomery Sabato mattina Ciao Ciao Patrizia & Joseph

Pies and Other Pleasures - ***This week's feature:*** We will have Apple Orchard Apple Pies this week. Pumpkin season is here and so are our Pumpkin Pies.

Pine Lane Soaps - We offer all natural goat milk soap & lotions made with goat milk fresh from our farm. There are lots of scents and options. The soap is an old-fashioned lye soap made using the "cold process", leaving a rich and moisturizing bar with natural glycerin. We also have lotion, lip balm, shea butter lotion bars & fresh maple

syrup. **This week's features:** We now offer beer soaps. We have Oatmeal Stout and Raspberry Porter, both made from Oatmeal Stout Beer from our friends at Mt. Carmel Brewery. **Mark your calendar** now for our Open House and Barn on September 28th from 2-5 with a soap making demonstration at 3pm. Visit our farm in Batavia and meet our goats.

Rice Harvest Farm - **This week's features:** We will have our own apple cider on Saturday. We run through UV light but we do not pasteurize or add preservativesand its goooooood! Also in addition to the Cortlands, Cripps Pink, Rambo, and Ginger Gold we will have Mutzu apples and some MacIntosh. See you Saturday!

Salatin's Orchard - Fruits and vegetables, fresh cut flowers, apple butter and other apple products. **This week's features:** Red, yellow, and pink tomatoes; gourmet salad tomatoes, many varieties of apples, fall squash, pears, and apple cider!

Summuh Hummus - Artisan-made hummus from organic ingredients, local and fresh whenever possible, in new, creative flavors as well as traditional ones.

Too Sweet Girls Cupcakes - Home baked cupcakes with no preservatives. **This week's features:** Chocolate, vanilla, banana, maple bacon and now "The Elvis" cupcake (banana with peanut butter buttercream) and gluten-free.

TS Farms - Organically raised beef, pork, chicken, lamb, goat, duck, rabbit and turkey in all cuts. Organically raised brown and blue chicken eggs, and duck eggs. Dip and bread mixes. Jam, jellies, marmalades and preserves. We have fresh, never frozen, chicken!

Wittmeyer White Oak Farm - **This week's features:** Beans are back! We will have both green and yellow romano beans, provider beans and lima beans! We will have our yummy summer squash pizza crusts again this week, and we will have gluten-free summer squash pizza crusts made with rice flour. We're still harvesting tomatoes, white and purple eggplant and sweet peppers. Also, stop by and try our hot banana pepper mustard--made with local honey and hot peppers grown on our farm. It's a great addition to your football tailgating menu!

Montgomery Farmers' Market |
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