



Greetings customers, volunteers and vendors!
We are open every Saturday from May through October,
9am-12:30pm. We are located at the Montgomery
Elementary School at 9609 Montgomery Road, Cincinnati, OH
45242.

Come join in the fun!

We are only **REQUIRING MASKS** for **UNVACCINATED** patrons per the CDCs and Governor DeWine's newest guidance, since we are considered a "crowded, outdoor event." This means if you are fully vaccinated, then you no longer need to wear a mask. Thank you for your cooperation and patience in keeping our vendors safe throughout all of this time.



What's in season for May 22nd?

Lots of lettuce, spring greens, salad mix, cut baby greens, arugula, spinach, kale, romaine, Swiss chard, living head lettuce (lasts 2 weeks), microgreens, asparagus, grape tomatoes, radishes, beets, green onions, dried garlic from last season (still delicious), dehydrated ramps, spring garlic, spring onions, bunch onions, leeks, rhubarb, snap peas, turnips, oyster mushrooms, fresh popping

corn, basil, fresh cut herbs, herb plants, edible flowers, vegetable and herb plants, pansy/sweet pea mini bouquets, and an assortment of hanging baskets and potted plants.

Gardeners... we have lots of floral, veggie and herb plant starts!



Reusable Market Bags Available With Your Favorite Vendors!

The Market is beginning a new environmental effort this week to reduce the use of plastic bags, and **we need your help.**

Here's how it works. When you buy something from a vendor who usually puts your purchase in a plastic handle bag, they will offer you a **FREE** colorful market bag. We hope you will use it instead, and bring it back each week when you come to the Market.

MFM is joining with other markets in our region, and with CORV, to reduce the use of plastic, which has become a world-wide environmental problem. We received a grant from Hamilton County Recycling and Solid Waste District for 80% of the cost of the bags. MFM is paying the rest, so there is **no cost to you** or your favorite vendors.



Decisions decisions... springtime at the market.

There are so many wonderful options at the market during this time of the year. Sometimes it makes it difficult to make a choice!

There are plenty of plant starts for the veggie and herb enthusiasts among us, and you can get some of the freshest tilapia around from Roothouse Aquaponics. Visit our new vendor, Zoftig Bakehouse, for some delicious cookies or crunchy granola, or stop by Baudry for some croissants and cream puffs to enjoy during the weekend. Don't forget the gorgeous hanging baskets available at The Olde Garden Shack and the abundance of tender greens that you can find with our growers.

We are all very happy to see that the CDC has relaxed its stance on wearing masks at outdoor, crowded events. This means if you are fully vaccinated then you no longer need to wear a mask. We will get to see your smiling faces again and we are all really looking forward to that more than anything!

This week you can look forward to enjoying the music of Mitch Tidman, the return of TS Farm's breakfast sandwiches (while supplies last - shop early), and of course the "3 peas" game continues to grow in popularity. We have been enjoying some wonderful clear weather at the market and that looks to continue this week. We hope to see you Saturday!



Coconut Cream Pie...for a limited time only.

This pie was the best seller every single week when Natalie (of Pies & Other Pleasures) baked for the Hearthstone Restaurant in her hometown of Metamora for 14 years. Her children were young... 10 months, 2 and 3 when she started and there wasn't room in their busy kitchen to bake. So she set up her own kitchen to handle the 40 pies or so they served by the slice in a weeks time. Get yours while they last!



Hey Kids, THE PEAS ARE BACK!

Piper, Penelope and Pru are back from their winter holiday and are hiding around the market. They will be in different locations each week! Locate all three and tell Adrienne, our Market Manager, where you found them to win a special prize!

(make sure to leave them in their hiding spots for other kids to find)



Thicc Chocolate Chip Walnut Cookie

Zoftig Bakehouse's Thicc Chocolate Chip Walnut cookie went through five versions before it was ready for primetime. The key to this cookie is the well-toasted walnuts along with the variety of three kinds of high quality chocolate—milk chocolate chips, semi-sweet chips, and bittersweet chunks. Jess bakes them at a high temperature so that the outside is golden and crispy but the inside is still soft. Perfection!



Heritage
BANK

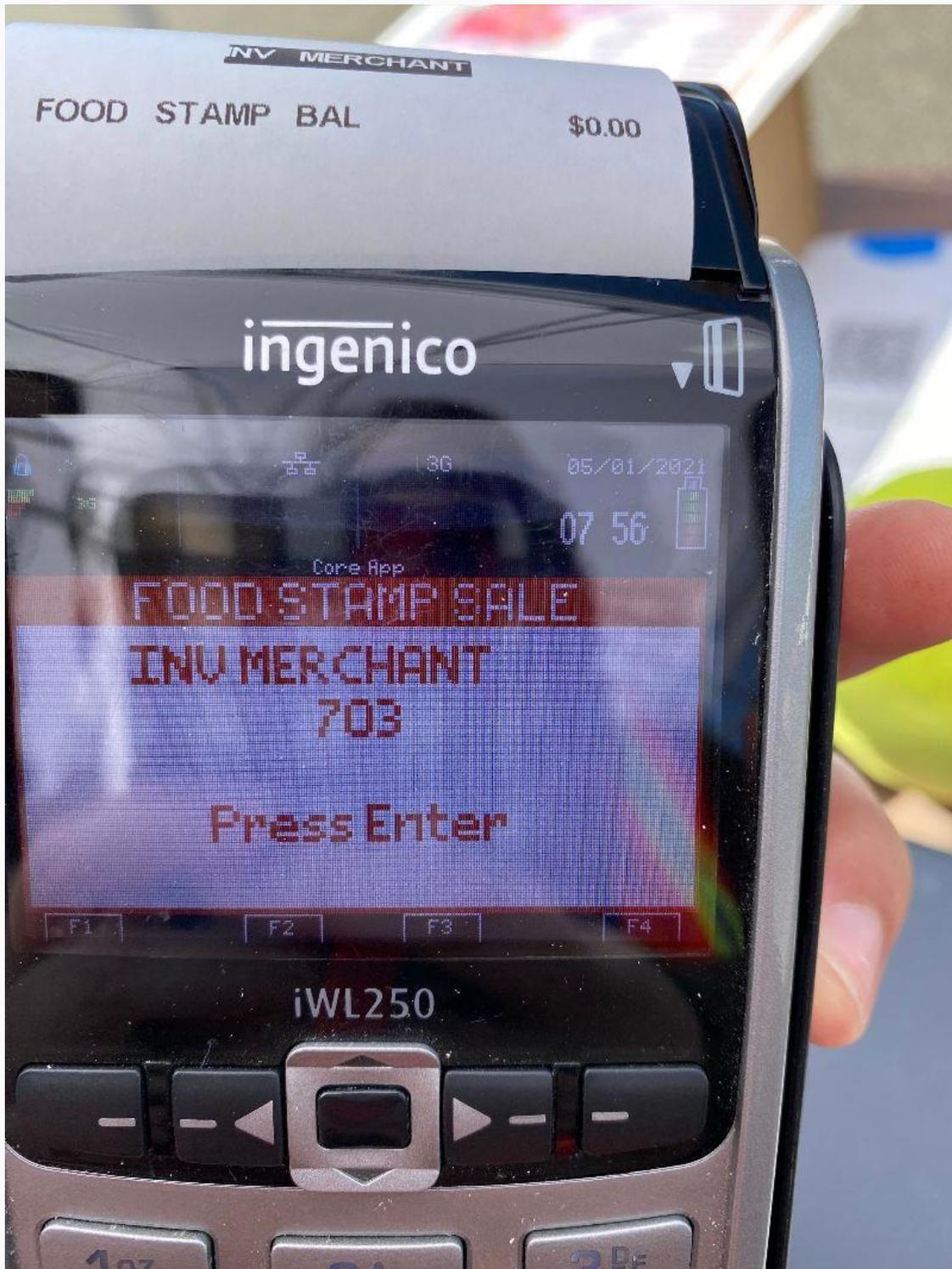
Become a Sponsor

Our mission is to enhance the quality of life in Montgomery by providing fresh, seasonal, locally-produced food and products to our community. We pride ourselves on creating a fun neighborhood activity which fosters involvement, social gathering and business interaction.

Recently nominated for the Spirit of Montgomery award, and recipient of a proclamation from the City, our market is at the center of our thriving community. Every market day, we enjoy seeing neighbors greeting each other and vendors hugging their customers.

Established in 2009, we continue to grow, now attracting an average of about 1000 people each week, with as many as 1500 during our special events. We reach over 7500 people each month on social media with an average of almost 2500 of those users engaging further. We also have close to 1400 subscribers to our weekly newsletter!

Link your business to our growing market community!



SNAP/EBT (Food Stamps)

Unfortunately, our SNAP/EBT credit card machine is out-of-commission for the next 3 - 5 weeks. We are having it repaired, but until we get it back we will be unable to process EBT/SNAP credit cards. As soon as we are up and running

again we will let you know.

We apologize for the inconvenience and look forward to serving our SNAP/EBT customers again one day soon.

FULL-TIME VENDORS

[Angie Tee's Kitchen](#): authentic Korean kimchi, power and buddha bowls, gourmet soups and salads, authentic Malaysian foods and pickled chili peppers.

[Baudry French Pastries](#): French pastries, shortbread cookies and croissants.

[Bethel Lane Farm](#): a wide variety of seasonal produce.

[Coffee Emporium](#): coffee beverages, coffee beans, iced tea, hot cocoa, lemonade, hot apple cider and baked goods.

[Grassroots Farm & Foods](#): 100% certified grass-fed beef and lamb, pastured pork, chicken and eggs, and prepared foods.

[HenABen Farm](#): mushrooms (oyster, shiitake, lion's mane) and a wide variety of seasonal produce.

[Ilan's Raw Chocolate](#): 70% cacao, organic, fair trade, keto-friendly, vegan, dark chocolate in 9 delicious flavors.

[Jacobs and Brichford Farmstead Cheese](#): a wide variety of award-winning farmstead cheese made from 100% grass-fed cow's milk.

[Jaybird Farms](#): cut flowers, fresh cut herbs, herb/flower/veggie plants, jams, jellies, honey, lavender lotion/sprays, winter wreaths and a wide variety of seasonal produce.

[Jessie's Garden](#): a wide variety of seasonal produce.

[Kelsey's Homegrown Vegetables](#): lettuce, kale, chard, broccoli, radishes, beets, peas, artichokes, tomatoes, cucumbers, carrots, squash, flowers, onions, peppers, microgreens, beans, eggplants and spinach.

[North South Bakery](#): sourdough bread loaves, baguettes and batards, boules, focaccia topped with local and seasonal herbs and veggies, brioche loaves, yeasted bread loaves like challah and English muffins and rolls plus much much more!

[Paktli Foods](#): snack bars made from ancient-grains, chocolate, fruit and nuts.

[Pies and Other Pleasures](#): fruit and nut pies, cinnamon rolls, cream pies, brownies and bars, hand-pie turnovers, cookies, whoopie pies, fruit breads and cakes.

[Pine Lane Soap](#): goat's milk soaps, lotion, lip balms, bath accessories, feed sack tote bags, masks, farm themed pillows and eggs.

[Pure Honey](#): honey, beeswax, pollen and comb honey.

[Queen City Popcorn](#): Handcrafted popcorn made in small batches to maintain optimal freshness.

[Rice Family Harvest](#): a wide variety of seasonal produce.

[Roothouse Aquaponics](#): living head lettuce, herbs, microgreens, edible flowers, baby leaf salad mixes, vegetables and seasonal items like fresh hand-harvested Wisconsin cranberries and farmed tilapia.

[Russo's Ravioli](#): ravioli (3 cheese, meat, mushroom, ricotta or butternut squash), marinara sauce and lasagna.

[Salatin's Orchard](#): a wide variety of seasonal produce.

[Simply French Cuisine](#): salads, quiches and soups.

[Southern Grace Cincy Catering](#): southern pre-packaged meals (vegan and classic).

[streetpops](#): all-natural, gourmet popsicles.

[The Olde Garden Shack](#): flowers (annuals, perennials, cut flowers, potted plants and mums), and a wide variety of seasonal produce.

[TS Farm](#): grass-fed beef, lamb and goat, pasture-raised pork, chicken and eggs. Also, maple syrup, milk, goat's milk soap, jams and jellies.

[Wendigo Tea](#): ultra-premium traditional and herbal teas and teaware.

[White Oak Valley Farm](#): summer squash pizza crusts, zucchini bread, zucchini cornbread, zucchini muffins, carrot cakes, zucchini "zapple" pies, Campari tomatoes, cucumbers, green beans, peppers, limited vegetable starts for planting, hanging baskets, and tumbling tomatoes.

[Winning Edge Mobile Sharpening](#): precision mobile sharpening service for kitchen and gardening blades.

[Yum Yum Petz](#): all-natural, gluten-free and preservative-free pet treats and customized pet memory pillows.

[Zoftig Bakehouse](#): large bakery-style cookies (vegan and gluten-free options), granola, breakfast cakes and muffins.

PART-TIME VENDORS WITH US THIS WEEK

[DaVeed's Catering](#): ready-made meals such as za'atar chicken power bowl, organic meatloaf, Faroe Island salmon, crab cakes, and red wine short rib.

[JWK Juicery](#): 100% raw juices.

[Ora Studio](#): unique handmade functional and decorative pottery.

[Senior Care Partners](#): your local senior housing advisor.

[The Scentery](#): bath bombs, various home aromatics, beauty and home products and custom crafted garden items.

[Westwind Flower Farm](#): specialty cut flowers, bouquets, bunches and single stems, specializing in dahlia, sunflowers, anemone, ranunculus, tulips, daffodils, roses, peonies, zinnias, cosmos, poppies, snapdragons and many others.
[You to the Rescue](#): providing information about their second hand store which benefits animal shelters.

PART-TIME VENDORS NOT WITH US THIS WEEK

[Always Canning](#): wide variety of jellies including strawberry, blackberry, cranberry, jalapeno pepper, golden cayenne pepper, habanero pepper, lavender, rosemary and apple butter.

[CinSoy](#): tofu, soy sauce, miso and more!

[Dogs of Cincy](#): the store for Instagram's @dogsofcincy.

[Donna's Gourmet Cookies](#): classic and decorated sugar cookies, brownies and pecan pie bars.

[Dree's Designs](#): mobile painting parties for birthdays or girls/guys night out.

[Fetching Fibers Handwoven](#): shawls, scarves, handbags, art wall hangings and women's accessories.

[Final Course Gourmet Desserts](#): assorted flavors of banana pudding and no-bake cheesecake, sweet potato pies and lemon pound cake.

[Glen Lovitt](#): State Farm Insurance from Montgomery.

[JuicyMelt](#): 7 varieties of hot sauce.

[Knack with Materials](#): tote bags, wine gift bags, masks, sunglass covers and jewelry.

[Live N Learn](#): providing information about summer educational hosting and travel programs for students from Spain.

[Marx Hot Bagels](#): A Classic Kosher bagel shop that has been a favorite of Cincinnatians since 1969.

[Montgomery Beautification and Tree Commission](#): donate or swap plants free of charge!

[Mosquito Hunters](#): providing information about their residential and commercial mosquito control and tick prevention services.

[Operation Give Back](#): collecting donations of school supplies and new toys.

[Spice Spice Baby](#): carries a large variety of spice blends, BBQ rubs, vodka and bourbon infused vanilla extract, and bourbon infused cinnamon extract. Plus, all of their products are additive, preservative and gluten free.

[The Brooch & Bangle](#): handmade jewelry (necklaces, earrings, bangles, and brooches) using hand-worked sterling, copper and brass.

[The Dirt Diva RN \(candles\)](#): homemade, custom, soy candles.

[The Lavender Sachet](#): shower steamers, lip balm and satin scrunchies.

[Viviano Wellness](#): herbal syrups, herbal tea blends, herbal treats for pets and herbal broth mixes.



CENTRAL OHIO RIVER VALLEY

14TH ANNUAL
LOCAL FOOD GUIDE
2021-2022

A close-up photograph of a woven basket filled with fresh produce. Visible items include several bright orange carrots, a cluster of red radishes, a yellow and orange bell pepper, a red bell pepper, and a large, striped yellow and green squash. The basket is held by a person's hand, partially visible on the left side of the frame.

resilience

EAT LOCAL, EAT SUSTAINABLY

GET YOUR FREE CORV GUIDE!

Pick up your copy of the CORV Guide at the Manager's Booth. It's FREE!! The CORV Guide has become the go-to source for information about local food, farmers' markets, CSA's, local wineries, meat producers, food artisans, and restaurants that specialize in local food. Plus, there are short articles that you won't find anyplace else and you will find out what "CORV" means!

[DONATE](#)

Thank you for supporting Southwest Ohio farmers and food artisans!

The Montgomery Farmers' Market is working to create new growth for our local food economy by providing opportunities for our small farmers and food artisans. Join us as we increase access to local, healthy, sustainable food!

[VENDORS](#) . [ABOUT](#) . [VOLUNTEER](#) . [SPONSORSHIP](#) . [BELL RINGERS](#)

A friendly reminder to our dog-loving friends to keep dogs on a leash and maintain control of them at all times while visiting the Market. More than anything, we want to be sure that all of our visitors (both 2- and 4-legged!) and vendors have a safe and enjoyable time at the Market. We appreciate your cooperation and support.

As always, thank you for your support and we'll see you soon!

Connie Banning, Board Member and Farm Visit Coordinator

Larry Dannenberg, Board Member and Webmaster

Adrienne Davidson, Market Manager

John Devore, Board Member and Volunteer Coordinator

Jeff Gartner, Board Member and Bell Ringer Coordinator

Peggy Hinzman, Board Treasurer

Ted Reilly, Board Member

Jane Shea, Board Secretary

Stuart Zanger, Board President

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Thank you to our wonderful sponsors!



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