

8/14/2021



Watermelons, pears, peaches and plums! It's the season for sweet treats from nature's bounty.

Our newest sponsor, TriHealth Bethesda North Hospital, will have a **vaccination clinic** set up this Saturday and again 3 weeks later on Sept 4th. Do your kids need a back to school vaccination? Maybe you've been putting it off? Come to our market to take advantage of this convenient option while you also get your weekly treats. [Schedule your appointment](#) or walk ins are welcome.

This week, Simply French, Southern Grace Cincy Catering, Yum Yum Petz and Zoftig Bakehouse will be absent. Subbing in are Art by Amruta and Kondita Heritage Bakery!

In addition, streetpops is finished for the season due to staffing issues... in their place you can enjoy Final Course Gourmet Desserts! Their chilled, sweet puddings and cheesecake cups are to die for.

The Jamgrass Duo will be onsite to entertain us and LeCreParis food truck will be on site with their epic crepes.

Come and join us!

As always, we are open every Saturday from May through October, 9am-12:30pm. We are located in the Montgomery Elementary School parking lot at 9609 Montgomery Road, Cincinnati, OH 45242. Come join in the fun!

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### **SNAP/EBT (Food Stamps)**

We haven't completely figured out our SNAP/EBT credit card machine just yet. We are trying new things each week to get it back up and running so we hope a SNAP customer will stop by to help us troubleshoot the problem. Thank you for your assistance and patience as we work through this issue.

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## What's in season for August 14th?

Watermelons, Asian pear apples, sun ridge pears, green gage plums, bubblegum plums, ground cherries, sugar cube melons, cantaloupe, Galia melons, peaches, green beans, yellow beans, sweet corn, okra, shiitake mushrooms, oyster mushrooms, heirloom tomatoes, slicer tomatoes, cherry tomatoes, grape tomatoes, red, white and yellow potatoes, red and green cabbage, garlic, candy-sweet onions, red onions, green onions, leeks, mini eggplants, cauliflower, carrots, pickles, cucumbers, pickling cucumbers, zucchini, yellow squash, patty pan squash, kohlrabi, lettuce, spring greens, salad mix, cut baby greens, spinach, kale, romaine, living head lettuce, microgreens, radishes, beets, fresh popping corn, fresh cut herbs, herb plants and edible flowers.



## What is Gleaning?

Gleaning is the process of gathering leftover grain or other produce after a harvest, and every day, at the end of the Montgomery Farmers' Market, we do the same thing. Our unsold produce and food products go to the [NEEDS Pantry](#) in Kenwood and we have already gleaned 2,441 pounds of food so far this season! We are very grateful to our gleaning team, organized by the Society of St. Andrew, and our generous vendors!



## Growing Garlic

Gardening is cyclical. There may be slower times (such as during the winter), but there is always something going on. For those who produce garlic, such as Jessie's Garden, they know this all too well since this crop takes 8 months to grow. Planting garlic is one of the final tasks of the season, often on a sunny day in October when the soil is still warm. Planting in October may seem a bit odd, but the garlic needs a cold cycle in order to perform well. It also needs a bit of time before winter comes in order to set some roots.

Garlic cloves are planted root side down, two inches deep and and at least six inches apart. They are then covered in mulch and given a good watering. Then you wait until spring!

In springtime, once the ground warms up, the garlic will begin to grow and it will then be time to rake back the mulch in order to help the ground warm up quicker. Garlic prefers rich, weed-free soil and lots of water. In the springtime when you weed, be careful not to damage the garlic and for those varieties that produce scapes, you will want to remove them immediately. If left on the plant, the scapes will draw energy away from the bulb, and this will reduce its size and quality. Fortunately for all of us, the scapes are an edible spring delicacy too!

When it is time to harvest, the lower leaves will have turned brown. They are then pulled from the ground by the bulb (not the stems). Then they are bundled up and hung for 3-4 weeks to cure.

A lot goes into this one single crop... so you can only imagine what goes into the full bounty of produce you now see at our market! Get some fresh garlic for yourself at Jessie's Garden!





Blueberry Peach Galettes will be available at North South Bakery!



## Westwind Flower Farm

Westwind Flower Farm was started by Amy Phipps Baxter in the summer of 2020 in her backyard in The Winds neighborhood of Montgomery, Ohio. She loves the mechanics and challenge of growing flowers and sharing them in the community.

Growing in low tunnels provides early harvest in the spring. Regenerative and organic techniques are used to improve the soil and give back to the land resulting in chemical-free, pollinator-friendly blooms.

The small-scale farm produces specialty cut flowers for The Farmers Collective in Hamilton Ohio (a local wholesale flower market) and the Montgomery

Farmers' Market. The farm offers weekly bouquet subscriptions, market bouquets, DIY grower's buckets, vase arrangements and wholesale bunches.

Offerings will continue to expand, but some of the current plantings include the following:

Spring: tulips, anemones, ranunculus, lily-of-the-valley, hellebores, peonies, and viola

Summer/Fall: dahlias, snapdragons, cosmos, sweet william, scabiosa, zinnias, and sunflowers



**FULL-TIME VENDORS**

[Angie Tee's Kitchen](#): authentic Korean kimchi, power and buddha bowls, gourmet soups and salads, authentic Malaysian foods and pickled chili peppers.

[Baudry French Pastries](#): French pastries, shortbread cookies and croissants.

[Bethel Lane Farm](#): a wide variety of seasonal produce.

[Coffee Emporium](#): coffee beverages, coffee beans, iced tea, lemonade and baked goods.

[Final Course Gourmet Desserts](#): assorted flavors of banana pudding and no-bake cheesecake, sweet potato pies and lemon pound cake.

[Grassroots Farm & Foods](#): 100% certified grass-fed beef and lamb, pastured pork, chicken and eggs, and prepared foods.

[HenABen Farm](#): mushrooms and a wide variety of seasonal produce.

[Ilan's Raw Chocolate](#): 70% cacao, organic, fair trade, keto-friendly, vegan, dark chocolate in 9 delicious flavors.

[Jacobs and Brichford Farmstead Cheese](#): a wide variety of award-winning farmstead cheese made from 100% grass-fed cow's milk.

[Jaybird Farms](#): cut flowers, fresh cut herbs, herb/flower/veggie plants, jams, jellies, honey, lavender lotion/sprays, winter wreaths and a wide variety of seasonal produce.

[Jessie's Garden](#): a wide variety of seasonal produce.

[Kelsey's Homegrown Vegetables](#): a wide variety of seasonal produce.

[Marx Hot Bagels](#): A Classic Kosher bagel shop that has been a favorite of Cincinnatians since 1969.

[North South Bakery](#): sourdough bread loaves, baguettes and batards, boules, focaccia topped with local and seasonal herbs and veggies, brioche loaves, challah, English muffins, rolls and much much more!

[Paktli Foods](#): snack bars made from ancient-grains, chocolate, fruit and nuts.

[Pies and Other Pleasures](#): fruit and nut pies, cinnamon rolls, cream pies, brownies and bars, hand-pie turnovers, cookies, whoopie pies, fruit breads and cakes.

[Pine Lane Soap](#): goat's milk soaps, lotion, lip balms, bath accessories, feed sack tote bags, masks, farm themed pillows and eggs.

[Pure Honey](#): honey, beeswax, pollen and comb honey.

[Queen City Popcorn](#): Handcrafted popcorn made in small batches to maintain optimal freshness.

[Rice Family Harvest](#): a wide variety of seasonal produce.

[Roothouse Aquaponics](#): living head lettuce, herbs, microgreens, edible flowers, baby leaf salad mixes, vegetables and seasonal items like fresh hand-harvested Wisconsin cranberries and farmed tilapia.

[Russo's Ravioli](#): ravioli (3 cheese, meat, mushroom, ricotta or butternut squash), marinara sauce and lasagna.

[Salatin's Orchard](#): a wide variety of seasonal produce.

[Simply French Cuisine](#): **(ABSENT THIS WEEK)** salads, quiches and soups.

[Southern Grace Cincy Catering](#): **(ABSENT THIS WEEK)** southern pre-packaged meals (vegan and classic).

[streetpops](#): **(ABSENT THIS WEEK)** all-natural, gourmet popsicles.

[The Olde Garden Shack](#): flowers (annuals, perennials, cut flowers, potted plants and mums), and a wide variety of seasonal produce.

[TS Farms](#): grass-fed beef, lamb and goat, pasture-raised pork, chicken and eggs. Also, maple syrup, milk, goat's milk soap, jams and jellies.

[Wendigo Tea](#): ultra-premium traditional and herbal teas and teaware.

[White Oak Valley Farm](#): summer squash pizza crusts, zucchini bread, zucchini cornbread, zucchini muffins, carrot cakes, zucchini "zapple" pies, and a wide variety of seasonal produce.

[Winning Edge Mobile Sharpening](#): precision mobile sharpening service for kitchen and gardening blades.

[Yum Yum Petz](#): **(ABSENT THIS WEEK)** all-natural, gluten-free and preservative-free pet treats and customized pet memory pillows.

[Zofigt Bakehouse](#): **(ABSENT THIS WEEK)** large bakery-style cookies (vegan and gluten-free options), granola, breakfast cakes and muffins.



## PART-TIME VENDORS WITH US THIS WEEK

[Art by Amruta](#): paintings, journals, pocket notebooks.

[Benjamin's Urban Forestry and Consulting](#): Skilled climber & trusted company to trim and remove your trees. Friendly and insured!!

[Dee Dee's Feline Angels & Friends](#): foster or adopt a kitten!

[Fetching Fibers Handwoven](#): shawls, scarves, handbags, art wall hangings and women's accessories.

[JWK Juicery](#): 100% raw juices.

[Kondita Heritage Bakery](#): Jewish baked goods such as babka, rugelach, and many more.

[Tri-Health Bethesda North Hospital](#): VACCINE CLINIC!

[Westwind Flower Farm](#): specialty cut flowers, bouquets, bunches and single stems, specializing in dahlia, sunflowers, anemone, ranunculus, tulips, daffodils, roses, peonies, zinnias, cosmos, poppies, snapdragons and many others.

## PART-TIME VENDORS NOT WITH US THIS WEEK

[All American Gutter Protection](#): gutter guards are backed by a lifetime performance guarantee and will give you clog-free and leaf-free gutters for the life of your home – guaranteed!

[Always Canning](#): wide variety of jellies including strawberry, blackberry, cranberry, jalapeno pepper, golden cayenne pepper, habanero pepper, lavender, rosemary and apple butter.

[Bits and Bops](#): pet accessories.

[CinSoy](#): tofu, soy sauce, miso and more!

[DaVeed's Catering](#): ready-made meals such as za'atar chicken power bowl, organic meatloaf, Faroe Island salmon, crab cakes, and red wine short rib.

[Donna's Gourmet Cookies](#): classic and decorated sugar cookies, brownies and pecan pie bars.

[Dree's Designs](#): mobile painting parties for birthdays or girls/guys night out.

[Especially by Shelley](#): handmade note and greeting cards.

[Glen Lovitt](#): State Farm Insurance from Montgomery.

[JuicyMelt](#): 7 varieties of hot sauce.

[Knack with Materials](#): tote bags, wine gift bags, masks, sunglass covers and jewelry.

[Live N Learn](#): providing information about summer educational hosting and travel programs for students from Spain.

[Montgomery Beautification and Tree Commission](#): donate or swap plants free of charge!

[Mosquito Hunters](#): providing information about their residential and commercial

mosquito control and tick prevention services.

[Operation Give Back](#): collecting donations of school supplies and new toys.

[Ora Studio](#): unique handmade functional and decorative pottery.

[Senior Care Partners](#): your local senior housing advisor.

[Spice Spice Baby](#): large variety of spice blends, BBQ rubs, vodka and bourbon infused vanilla extract, and bourbon infused cinnamon extract. Plus, all of their products are additive, preservative and gluten free.

[The Brooch & Bangle](#): handmade jewelry (necklaces, earrings, bangles, and brooches) using hand-worked sterling, copper and brass.

[The Dirt Diva RN \(candles\)](#): homemade, custom, soy candles.

[The Lavender Sachet](#): shower steamers, lip balm and satin scrunchies.

[The Scentery](#): bath bombs, various home aromatics, beauty and home products and custom crafted garden items.

[Viviano Wellness](#): herbal syrups, herbal tea blends, herbal treats for pets and herbal broth mixes.

[You to the Rescue](#): providing information about their second hand store which benefits animal shelters.



## Become a Sponsor

Our mission is to enhance the quality of life in Montgomery by providing fresh, seasonal, locally-produced food and products to our community. We pride ourselves on creating a fun neighborhood activity which fosters involvement, social gathering and business interaction.

In addition to our 1,000 weekly customers, we have 1,400 weekly newsletter subscribers and reach 7,500 monthly on social media.

**Plant your business into our growing Market community!**

Contact Stuart Zanger for more information at [Zanger@aol.com](mailto:Zanger@aol.com).

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# SHOP with REUSABLE BAGS

Get your bag today and reuse it for  
all your shopping needs!

## Fact:

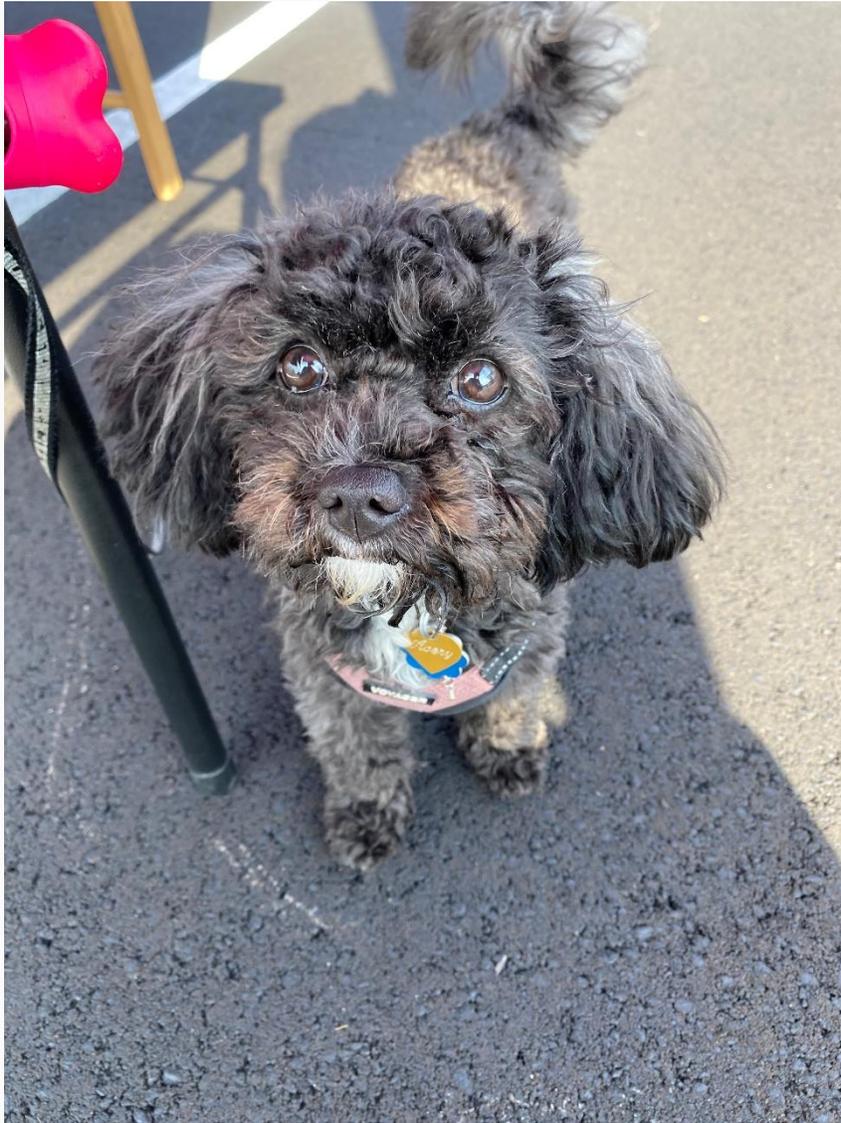
The average consumer uses  
300-500 single-use plastic bags  
per year; this plastic can have a  
lifetime of hundreds of years.

## Thanks to:

Hamilton County  
Recycling and Solid  
Waste District



Central Ohio River Valley • [eatlocalcorv.org](http://eatlocalcorv.org)



## Doggos

A friendly reminder to our dog-loving friends to keep dogs on a leash and maintain control of them at all times while visiting the Market. Also keep the temperature in mind as the asphalt can get extra hot. More than anything, we want to be sure that all of our visitors (both 2- and 4-legged!) and vendors have a safe and enjoyable time at the Market. We appreciate your cooperation and support.

The Montgomery Farmers' Market is working to create new growth for our local food economy by providing opportunities for our small farmers and food artisans.

Join us as we increase access to local, healthy, sustainable food!

As always, thank you for supporting Southwest Ohio farmers and food artisans!

Your Board Members,

Connie Banning, Board Member and Farm Visit Coordinator

Larry Dannenberg, Board Member and Webmaster

Adrienne Davidson, Market Manager

John Devore, Board Member and Volunteer Coordinator

Jeff Gartner, Board Member and Bell Ringer Coordinator

Peggy Hinzman, Board Treasurer

Ted Reilly, Board Member

Jane Shea, Board Secretary

Stuart Zanger, Board President

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**Our mailing address is:**  
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