



This crisp fall weather is such a joy. Enhance your autumn days with fresh produce, rich cheeses and ethically-raised meats from our artisan food providers. Also, keep in mind that the holidays are fast approaching and so it is time to pre-order your Thanksgiving turkey! Stop by TS Farm or Grassroots Farm & Foods to learn about your options (read on to learn more about Grassroots).

There are only two more markets in our regular market season. After that point, many of the farmers will be leaving because they won't have much left to sell. So be sure to start stocking up and putting things away for the winter! Don't be sad though, we'll still be open for three additional weeks after that (until Nov. 20th) and you will still be able to

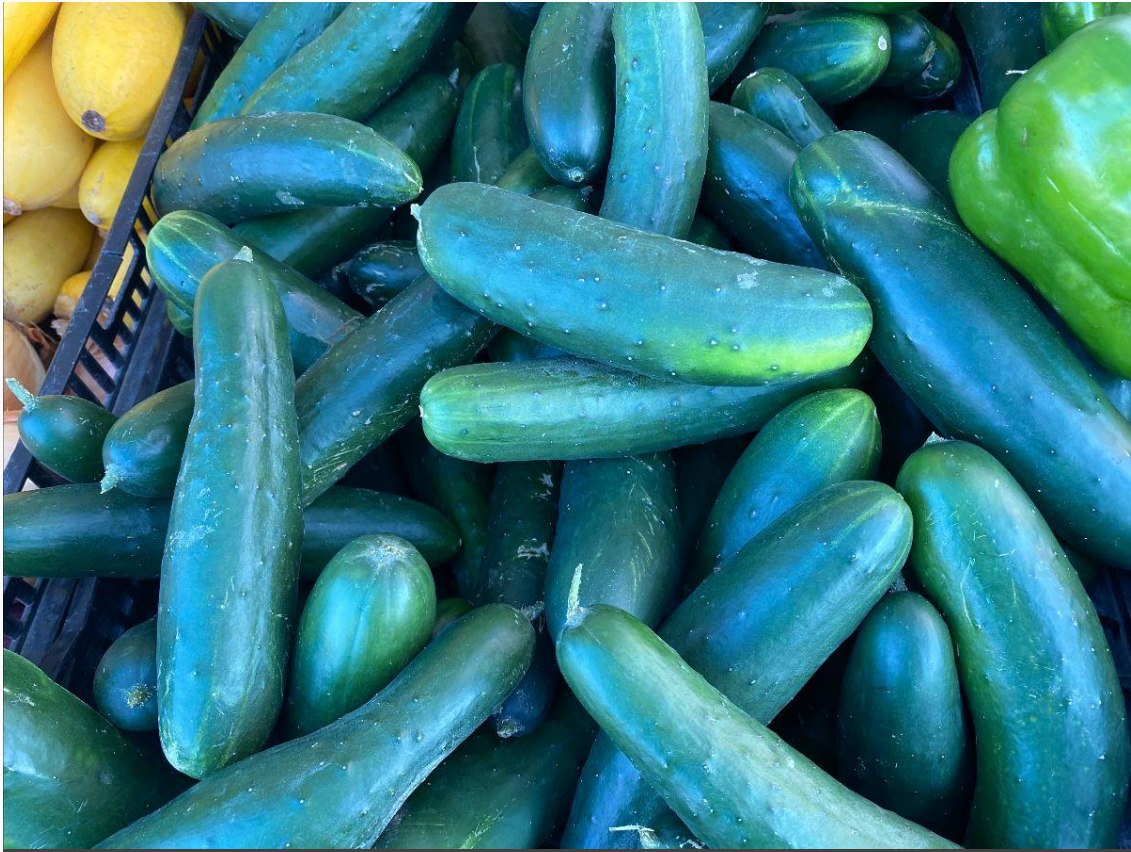
get produce, meat, cheese and many of the wonderful prepared foods you are used to enjoying.

We are happy to announce that [Breadsmith](#) will be joining us this Saturday. While the name Breadsmith is that of a franchise, each location is run independently. So let's give this local business a warm welcome as they get a feel for our market.

Our musical group will be Seldom The Same!

We'll see you soon!

As always, we are open every Saturday from May through the Saturday before Thanksgiving. We are located in the Montgomery Elementary School parking lot at 9609 Montgomery Road, Cincinnati, OH 45242. Come join in the fun!



## What's in season for October 23rd?

Apple cider, apples (Empire, Mutzu, Ginger Gold, Cortland, York, Jonagold, McIntosh, Crimson Gold, Crimson Crisp, Wine Crisp, Northern Spy, Ida Red, and Fuji), Brussels sprouts, wheatgrass, pumpkins, gourds, Genovese basil, eucalyptus bunches, Asian pear apples, green beans, okra, shiitake mushrooms, oyster mushrooms, slicer tomatoes, red and white potatoes, sweet potatoes, fingerling potatoes, red and green cabbage, broccoli, green and colored bell peppers, hot peppers (jalapeno, cayenne and banana), daikon radish, candy-sweet onions, red onions, leeks, eggplants, carrots, cucumbers, zucchini, fall/winter squash, butternut squash, acorn squash, spaghetti squash, delicata squash, lettuce, cut baby greens, spinach, kale, romaine, living head lettuce, microgreens, radishes, beets, fresh popping corn, ginger, fresh cut herbs, herb plants, mums, edible flowers and decorative corn.





## Grassroots Farm and Foods

Grassroots Farm & Foods operates on Red Stone Farm in Cynthiana, Ohio in Pike County. The farm is 85 miles east of Cincinnati and 90 miles south of Columbus. Red Stone Farm has been owned by the Wulsin family since 1968. Over the first 20 years, Red Stone undertook ventures in barnlot hogs, cow-calf enterprise, stocker cattle, and row crops. In the early 1990s, it made a commitment to support grass-based enterprises to work toward sustainable business practices. Shortly thereafter, a New Zealand-style, seasonal, grass-based dairy was developed on 300 acres. Jersey cows have grazed this “dairy platform” for the past 20 years.

They sell grass-fed meats and eggs raised on their farm. Their pastures are certified organic by OEFFA, their beef and lamb is certified as 100% grass-fed by the American Grassfed Association, their broilers and hens are fed non-gmo grains while on pasture and their hogs are fed non-GMO grains while in woodlots.

They also produce frozen, prepared foods ready to eat in 20

minutes or less. The prepared foods offered are produced in certified kitchens and include: Bolognese sauce, pork ragout, Rio-Grande beef barbacoa, chili, French Aioli, Roma meatballs, tar-heel pulled pork, short-rib burgers, Moroccan sliders, Vietnamese sliders, American sliders, bone broth, and chicken stock.

### ORDER YOUR THANKSGIVING TURKEY NOW

Get your bronze-breasted turkey raised on Certified Organic Pasture! They have whole and half turkeys along with full turkey breasts. Whole turkeys range from 16 to 20lbs. To place orders, please go to [www.grassrootsfoods.biz](http://www.grassrootsfoods.biz). if you have any questions, please contact Bob Gehres at [bob@grassrootsfoods.biz](mailto:bob@grassrootsfoods.biz).







Get some outstanding apple cider from  
Salatin's Orchard or Rice Family Harvest!



Hey Kids!  
Find the three peas and win a farmers' buck!



## FULL-TIME VENDORS

[Angie Tee's Kitchen](#): authentic Korean kimchi, power and buddha bowls, gourmet soups and salads, authentic Malaysian foods and pickled chili peppers.

[Boone Creek Creamery](#): artisan cheeses and butter.

[Baudry French Pastries](#): French pastries, shortbread cookies and croissants.

[Bethel Lane Farm](#): a wide variety of seasonal produce.

[Coffee Emporium](#): coffee beverages, coffee beans, iced tea, lemonade and baked goods.

[Final Course Gourmet Desserts](#): assorted flavors of banana pudding and no-bake cheesecake, sweet potato pies and lemon pound cake.

[Grassroots Farm & Foods](#): 100% certified grass-fed beef and lamb, pastured pork, chicken and eggs, and prepared foods.

[HenABen Farm](#): mushrooms and a wide variety of seasonal produce.

[Ilan's Raw Chocolate](#): 70% cacao, organic, fair trade, keto-friendly, vegan, dark chocolate in 9 delicious flavors.

[Jaybird Farms](#): cut flowers, fresh cut herbs, herb/flower/veggie plants, jams, jellies, honey, lavender lotion/sprays, winter wreaths and a wide variety of seasonal produce.

[Jessie's Garden](#): a wide variety of seasonal produce.

[Kondita Heritage Bakery](#): Jewish baked goods such as babka, rugelach, and many more.

[Marx Hot Bagels](#): A Classic Kosher bagel shop that has been a favorite of Cincinnatians since 1969.

[Paktli Foods](#): snack bars made from ancient-grains, chocolate, fruit and nuts.

[Pies and Other Pleasures](#): fruit and nut pies, cinnamon rolls, cream pies, brownies and bars, hand-pie turnovers, cookies, whoopie pies, fruit breads and cakes.

[Pine Lane Soap](#): goat's milk soaps, lotion, lip balms, bath accessories, feed sack tote bags, masks, farm themed pillows and eggs.

[Pure Honey](#): honey, beeswax, pollen and comb honey.

[Rice Family Harvest](#): a wide variety of seasonal produce.

[Roothouse Aquaponics](#): living head lettuce, herbs, microgreens, edible flowers, baby leaf salad mixes, vegetables and seasonal items like fresh hand-harvested Wisconsin cranberries and



farmed tilapia.

[Russo's Ravioli](#) ravioli (3 cheese, meat, mushroom, ricotta or butternut squash), marinara sauce and lasagna.

[Salatin's Orchard](#): a wide variety of seasonal produce.

[Simply French Cuisine](#): salads, quiches and soups.

[The Olde Garden Shack](#): seasonally, flowers (annuals, perennials, cut flowers, potted plants and mums), and a wide variety of produce.

[TS Farms](#): grass-fed beef, lamb and goat, pasture-raised pork, chicken and eggs. Also, maple syrup, milk, goat's milk soap, jams and jellies.

[Wendigo Tea](#): ultra-premium traditional and herbal teas and teaware.

[White Oak Valley Farm](#): summer squash pizza crusts, zucchini bread, zucchini cornbread, zucchini muffins, carrot cakes, zucchini "zapple" pies, and a wide variety of seasonal produce.

[Winning Edge Mobile Sharpening](#): precision mobile sharpening service for kitchen and gardening blades.

[Yum Yum Petz](#): all-natural, gluten-free and preservative-free pet treats and customized pet memory pillows.

[Zoftig Bakehouse](#): large bakery-style cookies (vegan and gluten-free options), granola, breakfast cakes and muffins.



## PART-TIME VENDORS WITH US THIS WEEK

[All American Gutter Protection](#): gutter guards are backed by a lifetime performance guarantee and will give you clog-free and leaf-free gutters for the life of your home – guaranteed!

[Art by Amruta](#): paintings, journals, pocket notebooks.

[Breadsmith](#): variety of breads.

[CinSoy](#): tofu, soy sauce, miso and more!

[Fetching Fibers Handwoven](#): shawls, scarves, handbags, art wall hangings and women's accessories.

[Happy Me](#): jewelry made from vegetable ivory.

[JWK Juicery](#): 100% raw juices.

[Senior Care Partners](#): your local senior housing advisor.

[The Lavender Sacht](#): shower steamers, lip balm and satin scrunchies.

[Westwind Flower Farm](#): specialty cut flowers, bouquets, bunches and single stems, specializing in dahlia, sunflowers, anemone, ranunculus, tulips, daffodils, roses, peonies, zinnias, cosmos, poppies, snapdragons and many others.

## PART-TIME VENDORS NOT WITH US THIS WEEK

[Always Canning](#): wide variety of jellies including strawberry, blackberry, cranberry, jalapeno pepper, golden cayenne pepper, habanero pepper, lavender, rosemary and apple butter.

[Benjamin's Urban Forestry and Consulting](#): Skilled climber & trusted company to trim and remove your trees. Friendly and insured!!

[Bits and Bops](#): pet accessories.

[Crazy Acres Market Farm](#): variety of produce.

[Dee Dee's Feline Angels & Friends](#): foster or adopt a kitten!

[DaVeed's Catering](#): ready-made meals such as za'atar chicken power bowl, organic meatloaf, Faroe Island salmon, crab cakes, and red wine short rib.

[Donna's Gourmet Cookies](#): classic and decorated sugar cookies, brownies and pecan pie bars.

[Dree's Designs](#): a mobile painting party service for birthdays or special events.

[Elevated Allies](#): T-shirts.

[Especially by Shelley](#): handmade note and greeting cards.

[Glen Lovitt](#): State Farm Insurance from Montgomery.

[Heritage Bank](#): one of our Premium sponsors! Be sure to stop by for a free market bag.

[Honey Child Artisan Pops](#): handcrafted popsicles.

[JuicyMelt](#): 7 varieties of hot sauce.

[Knack with Materials](#): tote bags, wine gift bags, masks, sunglass covers and jewelry.

[Live N Learn](#): providing information about summer educational hosting and travel programs for students from Spain.

[Montgomery Beautification and Tree Commission](#): donate or swap plants free of charge!

[Mosquito Hunters](#): providing information about their residential and commercial mosquito control and tick prevention services.

[Operation Give Back](#): collecting donations of school supplies and new toys.

[Ora Studio](#): unique handmade functional and decorative pottery.

[RLM Woodworks](#): handcrafted cutting boards and other items.

[Spice Spice Baby](#): large variety of spice blends, BBQ rubs, vodka and bourbon infused vanilla extract, and bourbon infused cinnamon extract. Plus, all of their products are additive, preservative and gluten free.

[The Brooch & Bangle](#): handmade jewelry (necklaces, earrings,



bangles, and brooches) using hand-worked sterling, copper and brass.

[The Dirt Diva RN](#): homemade, custom, soy candles.

[The Scentery](#): bath bombs, various home aromatics, beauty and home products and custom crafted garden items.

[Tri-Health Bethesda North Hospital](#): Vaccine clinic and health services.

[Viviano Wellness](#): herbal syrups, herbal tea blends, herbal treats for pets and herbal broth mixes.

[You to the Rescue](#): providing information about their second hand store which benefits animal shelters.

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# SHOP — with — REUSABLE BAGS

Get your bag today and reuse it for  
all your shopping needs!

## Fact:

The average consumer uses  
300-500 single-use plastic bags  
per year; this plastic can have a  
lifetime of hundreds of years.

## Thanks to:

Hamilton County  
Recycling and Solid  
Waste District



Central Ohio River Valley • [eatlocalcorv.org](http://eatlocalcorv.org)



## Pups

A friendly reminder to our dog-loving friends to keep dogs on a leash and maintain control of them at all times while visiting the Market. Also keep the temperature in mind as the asphalt can get extra hot. More than anything, we want to be sure that all of our visitors (both 2- and 4-legged!) and vendors have a safe and enjoyable time at the Market.

We appreciate your cooperation and support.

[Get Our Newsletter!](#)



The Montgomery Farmers' Market is working to create new growth for our local food economy by providing opportunities for our small farmers and food artisans. Join us as we increase access to local, healthy, sustainable food!

As always, thank you for supporting Southwest Ohio farmers and food artisans!

Your Board Members,

Connie Banning, Board Member and Farm Visit Coordinator  
Larry Dannenberg, Board Member and Webmaster  
Adrienne Davidson, Market Manager  
John Devore, Board Member and Volunteer Coordinator  
Jeff Gartner, Board Member and Bell Ringer Coordinator  
Peggy Hinzman, Board Treasurer  
Ted Reilly, Board Member  
Jane Shea, Board Secretary  
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**Our mailing address is:**

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