

8/6/2022



Sweet, juicy melons abound! If you haven't tried one then you are truly missing out. Our farmers' melons are so far superior to what you can get in the grocery store that your taste buds will be blown away. Try them!

And it's not just the melons; we have so much more fresh produce! There are a wide variety of tomatoes, potatoes and peppers to choose from plus juicy peaches, sweet corn and crisp lettuce! These are the most wonderful days of the Farmers' Market so be sure to join us and get your share.

This Saturday, Rose & Marlene will be bringing their rare and heritage vegetable plants, decorative items and produce. Also joining us is a high-school-aged vendor, Zig Zag Pampered Pets, with their pet accessories, including cat kickers. What are cat kickers? Be sure to go check them out to find out.

Our musician will be Edde Osborne and our food truck will be Marty's Waffles. Read on for a list of all of this week's participating vendors and to learn exactly what else is in season.

A reminder to all customers, we do not have a public restroom so please plan your visit accordingly.

As always, we are open from 9am-12:30pm every Saturday, from May through October (no Winter market this year). We are located in the Montgomery Elementary School parking lot at 9609 Montgomery Road, Cincinnati, OH 45242. Come join in the fun!



What's in season for August 6th!

Watermelons, cantaloupe, Galia melons, Asian pear apples, yellow watermelon, ground cherries, peaches, sweet corn,

heirloom tomatoes, slicing tomatoes, cherry tomatoes, okra, Yukon gold potatoes, red potatoes, white potatoes, eggplant, bitter melons, green beans, yellow beans, tomatillos, cucumbers, pickling cucumbers, broccoli, zucchini, squash, Patty Pan squash, cauliflower, carrots, onions, candy onions, red onions, kohlrabi, Napa cabbage, spinach, kale, romaine, spring mix, radishes, beets, red bell peppers, green bell peppers, garlic, snacking peppers, hot banana peppers, sweet banana peppers, jalapeños peppers, baby kale, multiple varieties of living head lettuce, wheatgrass, lettuce mixes, baby mustard mix, herbs, greens, sunflower shoots, pea shoots, microgreens, purslane, popcorn, oyster mushrooms, shiitake mushrooms, lion's mane mushrooms, edible flowers, cut flowers, lavender and starter herb plants.



HenABen Farm

Shoppers at the Montgomery Farmers' Market know to arrive early to get the pristine oyster and shiitake mushrooms, and occasionally even Lion's Mane mushrooms, from HenABen Farm. The name is a simple combination of Tony and Kerrie Schneider's kids' names of Henry, Annalise, and Benjamin. Their Batesville, Indiana farm was originally purchased by Tony's great grandfather in 1902.

HenABen is a very small family farm that strives to provide the best quality and freshest mushrooms and vegetables to its customers. In addition to their beautiful mushrooms, HenABen has potatoes, beans, squash, melons and popping corn, all top quality.

Tony's workforce consists of himself, their three kids when they are not busy with school or sports, and Kerrie when she is not busy with her full time job and running the family. Tony joined the farm business because they wanted to teach their kids a good work ethic and problem solving skills, as well as to give them something constructive to do over the summer months while not in school. It has been very rewarding for Tony and Kerrie to watch them grow, interact with customers, and explain how they help grow the food. The unique process of growing mushrooms has become the topic of several school reports, 4H demonstrations, and their nephew even made a science fair project from the process.



FULL-TIME VENDORS

[Angie Tee's Kitchen](#): authentic Korean kimchi, power and buddha bowls, gourmet soups and salads, authentic Malaysian foods and pickled chili peppers.

[Back2TheDirt](#): compost services, worm castings, potting soil blends, seedlings and worm casting tea.

[Baudry French Pastries](#): French pastries, shortbread cookies and croissants.

[Boone Creek Creamery](#): artisan cheeses, butter and fudge.

[Breadsmith](#): variety of breads and pastries.

[Coffee Emporium](#): coffee beverages, coffee beans, iced tea, lemonade and baked goods.

[Crazy Acres Market Farm](#): variety of produce.

[Dude, Seriously](#): **(ABSENT THIS WEEK)** award-winning hot sauce and spicy bloody Mary mix.

[Final Course Gourmet Desserts](#): assorted flavors of banana pudding and no-bake cheesecake, sweet potato pies and lemon pound cake.

[Grassroots Farm & Foods](#): 100% certified grass-fed beef and lamb, pastured pork, chicken and eggs, and prepared foods.

[HenABen Farm](#): mushrooms and a wide variety of seasonal produce.

[Honey Child Artisan Pops](#): handcrafted popsicles.

[Ilan's Raw Chocolate](#): 70% cacao, organic, fair trade, keto-friendly, vegan, dark chocolate in 9 delicious flavors.

[Jaybird Farms](#): cut flowers, fresh cut herbs, herb/flower/veggie plants, jams, jellies, honey, lavender lotion/sprays, winter wreaths and a wide variety of seasonal produce.

[Jessie's Garden](#): a wide variety of seasonal produce.

[JWK Juicery](#): cold-pressed, 100% natural juices.

[Paktli Foods](#): snack bars made from ancient-grains, chocolate, fruit and nuts.

[Pies and Other Pleasures](#): fruit and nut pies, cinnamon rolls, brownies and bars, hand-pie turnovers, cookies, whoopie pies, fruit breads and cakes.

[Pine Lane Soap](#): goat's milk soaps, lotion, lip balms, bath accessories, feed sack tote bags, masks, farm themed pillows and eggs.

[Pure Honey](#): honey, beeswax, pollen and comb honey.

[Rice Family Harvest](#): a wide variety of seasonal produce.

[Roothouse Aquaponics](#): living head lettuce, herbs, microgreens, edible flowers, baby leaf salad mixes, vegetables and seasonal items like fresh hand-harvested Wisconsin cranberries and farmed tilapia.

[Russo's Ravioli](#) (**ABSENT THIS WEEK**) ravioli (3 cheese, meat, mushroom, ricotta or butternut squash), marinara sauce and lasagna.

[Salatin's Orchard](#): a wide variety of seasonal produce.

[Simply French Cuisine](#): salads, quiches and soups.

[The Dirt Diva RN](#): homemade, custom, soy candles; fragrances and garden boxes.

[The Olde Garden Shack](#): seasonal flowers (annuals, perennials, cut flowers, potted plants and mums), and a wide variety of produce.

[TS Farms](#): grass-fed beef, lamb and goat, pasture-raised pork, chicken and eggs. Also, maple syrup, milk, goat's milk soap, jams and jellies.

[Wendigo Tea](#): ultra-premium traditional and herbal teas and teaware.

[Westwind Flower Farm](#): specialty cut flowers, bouquets, bunches and single stems, specializing in dahlia, sunflowers, anemone, ranunculus,

tulips, daffodils, roses, peonies, zinnias, cosmos, poppies, snapdragons and many others.

[White Oak Valley Farm](#): **(ABSENT THIS WEEK)** summer squash pizza crusts, zucchini bread, zucchini cornbread, zucchini muffins, carrot cakes, zucchini "zapple" pies, and a wide variety of seasonal produce.

[Winning Edge Mobile Sharpening](#): precision mobile sharpening service for kitchen and gardening blades.

[Yum Yum Petz](#): all-natural, gluten-free and preservative-free pet treats and customized pet memory pillows.

[Zoftig Bakehouse](#): **(ABSENT THIS WEEK)** large bakery-style cookies (vegan and gluten-free options), granola, breakfast cakes and muffins.



PART-TIME VENDORS THIS WEEK

[Drifted Home Decor](#): soy wax candles, beaded garlands, candle stands, terrariums and decorative jars.

[Heritage Bank](#): one of our Premium sponsors! Be sure to stop by for a free market bag.

[LuAnne's Boutique](#): salt soaks, sugar scrub, body lotion, wax melts, lip balms, essential oils, aroma sprays and roll-ons, aromatherapy diffusers, wax warmers, bath bombs, potpourri wreaths, dried floral arrangements, incense and incense burners.

[Marty's Waffles](#): Belgian-style sugar waffles with a variety of sweet and savory toppings.

Ohio Department of Agriculture's Plant Health Division:

[Rose & Marlene](#): rare and heritage vegetable plants (mainly tomatoes, peppers and tomatillos), ornamental plants, wool and felted products, hand-spun yarn, decorative plants in handmade clay pots and copper artwork.

[Spice Spice Baby](#): large variety of spice blends, BBQ rubs, dry soup mixes, vodka and bourbon infused extracts and salad dressings.

Plus, all of their products are additive, preservative and gluten free.

[Zig Zag Pampered Pets](#): dog scarves (tie-around and through-the-collar), pet food mats, and cat kickers! Support this high-school-aged vendor for her senior project.



Community Programs

Along with cash and credit cards, we accept the following methods of payment:

- SNAP/EBT
- Produce Perks coins (we match up to \$25 in SNAP purchases with free Produce Perks)
- SFMNP (Senior Farmers' Market Nutrition Program) Vouchers
- TANF (Temporary Assistance for Needy Families) Fruit and Vegetable Program
- Produce PRx (Prescription) Program



COM POST

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\$3.25/wk → \$13/month

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Fact:

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Pups

A friendly reminder to our dog-loving friends to keep dogs on a leash and maintain control of them at all times while visiting the Market. Also keep the temperature in mind as the asphalt can get extra hot. More than anything, we want to be sure that all of our visitors (both 2- and 4-legged!) and vendors have a safe and enjoyable time at the Market.

We appreciate your cooperation and support.

[Get Our Newsletter!](#)



Thank you from your Montgomery Farmers'
Market Board and Market Manager!

The Montgomery Farmers' Market is working to create new growth for our local food economy by providing opportunities for our small farmers and food artisans. Join us as we increase access to local, healthy, sustainable food!

As always, thank you for supporting Southwest Ohio farmers and food artisans!

Your Board Members,

Aurora Bennett, Board Member
Connie Banning, Board President
Larry Dannenberg, Board Member and Webmaster
Adrienne Davidson, Market Manager
John Devore, Board Member and Volunteer Coordinator
Jeff Gartner, Board Member and Bell Ringer Coordinator
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